



Gloucester Public School Newsletter

Opportunity - Innovation - Excellence

Find us at: 45 Hume Street, Gloucester 2422
Tel: 65581303
www.gloucester-p.schools.nsw.edu.au



Term 4 Week 3 This week's expectation: **Show respect to yourself and all others** Tuesday 25 October 2022

Dates to Remember

24,26,27 October - Year 6 only
Puberty Clues
2,16,30 November - Year 6
High School Transition
7-18 November Intensive
Swimming
11 November Kindergarten 2023
Orientation
11/11, 18/11, 25/11
K 2023 SmoothStart

6/12 - Presentation Evening
13/12 - Year 6 Farewell
15/12 - Reports Go Home
16/12 - Last day of school
For 2022 for students
19 & 20/12 - Staff Development
Days

Primary Swimming Carnival -
Friday, 10 February, 2023

Canteen Days: Monday
Wednesday
Friday

Uniform Shop is open every
Friday morning 8.30am -
9.30am. (EFTPOS
now available)

Please check our SkoolBag
App for updates daily.
This is the easiest way to
stay up-to-date with school
events, last minute notices,
newsletters and all school
communications.

1. Download the app
2. Create an account
3. Add our school

Kindergarten 2023



Transition to School Program
Kindergarten 2023 at Gloucester Public School

SMOOTHSTART - TRANSITION TO SCHOOL PROGRAM – 10am to 1pm

Parents and carers are asked to escort their child/ren to an area near the Kindergarten classroom at 10am and return to collect them from the same area at 1pm on the dates listed below. **We have a drop-off/pick-up area for Smoothstart.**

SMOOTHSTART Dates 2022 – Kindergarten classroom

Friday 11 November 10am -1pm (Week 6 – Term 4)
Friday 18 November 10am -1pm (Week 7 – Term 4)
Friday 25 November 10am - 1pm (Week 8 – Term 4)



Children will be involved in a variety of activities, for example-

- Structured play
- Listening to stories
- Art and Craft
- Learning activities

During these visits your child will gain the confidence and skills to enable them to successfully enter Kindergarten in 2023 and ensure that your child's transition from preschool to primary school is successful. Participation in this program is voluntary, however: highly recommended.

Children will need to bring morning tea, a water bottle and a hat to wear to the SMOOTHSTART PROGRAM.

*** Please do not include any nut products in your child's food as we try to accommodate a growing number of students with allergies.

PARENT/CARER INFORMATION SESSION – FRIDAY 11 November 12pm to 1pm

Our Kindergarten Information Session will consist of –

- An information presentation for parents and carers will be in our library – 12pm to 1pm followed by refreshments. School uniforms will be available to order after the information session or at our uniform shop. You can then collect your child from Smoothstart

School Dates 2023

Tuesday 31 January - Best Start Testing
Wednesday 1 February - Best Start Testing
Thursday 2 February Kindergarten begins 9am-3pm



Newcastle Permanent Primary Maths Awards



YEARS 5 & 6 HIGH DISTINCTIONS: Justin Boorer, Toby Kellehear, Christopher Bolton



YEARS 5 & 6 DISTINCTIONS

Back: Matthew Woods, Zali Jennings, Emma Latimore, Olivia Wade, Amos Tukuafu, Matilda Blayden
Front: Sam Griffin, Olive Kelly, Janella Brooks, Tyler Hobbins, Sienna Sanderson, Lily Sansom, Ellie Cameron, Hamish Haschek



YEAR 6 MERIT AWARDS

Back: Bradley Higgins, Samuel Burns, Charlie Bignell, Brodie Baker
Front: Kyharlee Holden, Samira Soupidis, Holly Davies



YEAR 5 MERIT AWARDS

Back: Ryder Martin, Eli Stuckings, Emily Clarke, Amelia Fenning, Reanna Gorton, Clifton Gorton
Front: Dean Griffin, Chloe Campbell, Jarred Rolvink, Bonnie Clarke



MERIT – Year 6: Liam Wamsley, Amelia Wooster, Mackenzie Young. Year 5: Destiny Osland, Madison Gooch.

ICAS (International Competitions and Assessments for Schools) AWARDS



Daisy Jennings – Credit – Spelling

Eli Soupidis – Merit - Spelling



Olive Kelly – High Distinction – Spelling

Christopher Bolton – Distinction – Science
Distinction – Digital Technologies

PtoH Transition Program for Year 6



Gloucester High School's PtoH Transition Program is scheduled for Wednesday afternoons in Weeks 4, 6 and 8 this term.

Students will walk to the high school in Weeks 4 and 6, departing Gloucester PS at about 1.00pm. Here, they will participate in a variety of lessons at the high school, experiencing what a normal high school learning environment looks like and meeting key staff along the way. At the end of the day, students will depart directly from the high school at 3.15pm, that is, catch buses, walk home or be collected from Ravenshaw Street.

The final session (Week 8) will be the whole day GHS Orientation Day, where students will spend the entire day at Gloucester High School. There will be an opportunity for parents and carers to attend an information session on this day to ask questions about their child's enrolment into Year 7 in 2023.

A note will be coming home shortly. In the meantime, please feel free to contact your child's class teacher at GPS or Miss Layne Ross, Year 7 Year Advisor for 2023 at Gloucester High School on 65581605.

Year 6 - Save the Dates

Some important dates for the calendar....

24, 26, 27 October	Puberty Clues 9.00 – 11.00am
2, 16 November	PtoH transition afternoons at Gloucester HS
30 November	Full day Orientation Day at Gloucester HS (includes final PtoH session)
6 December	Annual Presentation evening (Year 6's last one! Please come along to celebrate the achievements of our students.)
13 December	Year 6 Farewell
16 December	Year 6's last day and the 'Walk of Honour' – a must!

There will be more dates to hit the calendar shortly and, of course, more details to come regarding their big events.

Stay tuned - **Rod Maggs, Assistant Principal – Stage 3**

Connect locally, learn globally ...
Join the virtual school for rural and remote students

Aurora College is NSW's virtual school for high potential and gifted students in rural and remote government schools.

Our school provides innovative, flexible learning in a whole new context, by allowing students to connect locally and to learn globally.

The 'bright lights' of Aurora learn with their classmates from across the state in timetabled lessons using cutting-edge technologies in a virtual learning environment.

Aurora teachers are highly qualified and experienced subject experts with specialised training in delivering best practice learning and teaching to high potential and gifted students.

Applications for placement in **Year 7** in 2024:

- open Tuesday 18 October 2022
- close Wednesday 16 November 2022

For further information, visit www.aurora.nsw.edu.au or phone 1300 287 629.

**AURORA COLLEGE**
IGNITING NEW WAYS OF LEARNING

 **Education**
Public Schools

For enrolment information, please visit:
<https://aurora.nsw.edu.au/about-our-school/enrolment>

Class & Expectation Awards Term 4 Week 2



Kindergarten: Hunter Andrews, Sienna Ross, Isabella Leczkowski, Kade Galvin, Braxton Bruce, Tylar Garland, Charlie Rawlings



1B: Ashlyn Martin, Piper Newman, Abigail Walker



1K: Amber Ranieri, Joshua Compton



2A: Izzabell Goodwin, Leon Blanch



2S: Beau Osland, Macey Barron, Fletcher Compton, Matilda Wooster



3/4H: Elliott Primmer, River Cowley,
Eiva Swilks



3/4L: Miley Baker, Levi Collins
Sam Marchant



3/4S: Daisy Jennings, Clare Wilson,
Spencer Haschek, Eli Holden



3/4W: Lachlan Honeyman, Connor Warren,
Tiffany Harris



5/6G: Eli Stuckings, Hallie Barron,
Samira Soupdis, Ryder Martin



5/6K: Charlie Bignell, Kyan Leu,
Jake Blyton, Olive Kelly



5/6M: Grace Markham, Ajay Jolliffe,
Samuel Burns



5/6S: Sam Griffin, Emma Latimore,
Beau Franks, Cliffy Gorton

School Travel

Term 4 2022

2023 school travel applications are now open

Applications for student travel in 2023 open from **Monday 10 October 2022**.

Students who need a School Opal card or travel pass for 2023 can [apply](#) now. A new application will need to be submitted if they are applying for the first time, or if they are requesting an additional travel entitlement as a result of a new shared parental responsibility situation (e.g. joint custody).

Students who change address, school, campus location, have repeated a year or received an expiry notification from Transport for NSW for their school travel entitlement should [renew or update](#) their details before **the end of term 4**. This will ensure that schools can endorse applications, and entitlements remain valid for the start of the 2023 school year. School Opal card holders will have the changes applied to their existing card.

If a student's distance eligibility has changed based on their grade (i.e. grade two to grade three), the system will automatically update their entitlement if they meet the new criteria. If they do not meet the new [eligibility criteria](#), we will send an expiry notification via email.

Students who have an entitlement approved under a medical condition that is due to expire will receive a notification advising them to re-apply.

[Term Bus Pass](#) holders will receive a notification to re-apply.

Students in the Opal network applying for an Opal card (including a Term Bus Pass) for the first time will receive their Student Opal card at their nominated postal address. Cards will be mailed out from January 2023.

Students living in rural and regional (R&R) areas should receive their travel pass at the start of the new school year from their nominated transport operator. It may come via the school or be sent directly to them at home. **Note:** some R&R operators do not issue travel passes. Students/parents should confirm with their nominated operator if they do not receive a pass.

Travel from Term 1 2023

We ask that parents plan ahead and make sure their child knows which service/s to use and has a valid ticket to travel; either a School Opal card or Child/Youth Opal card (within Greater Sydney) or a School Travel Pass (outside Greater Sydney), from the start of the school year.

Applications for 2023 School Student Transport Scheme (SSTS) travel open at the start of Term 4 2022, so parents/students can [apply](#) or [update](#) details early and be ready for the start of the new school year.

Most students using the Opal network will not need a new Opal card and can continue travelling on their existing card each year.

The start of the year is a busy period for local transport operators, and students travelling without a valid ticket make service planning and operations difficult.

We recognise that for some families last minute changes to school enrolments mean they may not have a School Opal card or Travel Pass for the start of term. In the Opal network, we strongly encourage these families to have their children travel with a Child/Youth Opal card until they receive their valid School Opal card. If outside Greater Sydney, parents should contact their [local bus operator](#) to discuss their travel needs.

Bus operators are flexible and understanding, particularly at the start of the school year, and will ensure students can travel safely to and from school. But to best support our operators we encourage all students to have a valid ticket, as early as possible, from the start of the school year.

Students using School Opal cards are also reminded that they must tap on and tap off in line with the [Student code of conduct](#) and [Opal terms of use](#).

Rural and regional school travel

Apply online for free school travel in rural and regional NSW. You only need to complete one form, even for journeys using more than one operator.

Who can apply?

To be eligible for free school travel, students may need to live a minimum distance from their school:

Years K-2 (Infants)

There is no minimum distance.

Years 3-6 (Primary)

More than 1.6km straight line distance or at least 2.3km walking.

Years 7-12 (Secondary)

More than 2.0km straight line distance or at least 2.9km walking.

Who needs to apply

You only need to apply if the student has never been approved for free school travel before. Students in a shared parental responsibility situation (e.g. joint custody) should submit a separate application for both addresses.

How to update your details

You need to update student details online if the student is changing their name, address, school or campus, or their Transport operator. You can update them at transportnsw.info/ssts-update

Frequently asked questions

Does the approved free travel include travel outside school hours?

Approved free school travel is only for travel to and from school. So for travel after hours, on weekends or during school holidays, students will need to buy a ticket.

What if there's no public transport in my area?

In areas where there is no public transport, you may be able to get a subsidy for driving the student to school. For details, visit transportnsw.info/school-students

How do I apply if the student needs to travel from two addresses because the parents live separately?

Each parent (or the student if aged 16 or over) needs to apply separately for each address. The same minimum distances apply.

How to apply for free travel for the first time

You can apply for free school travel for next year from the start of Term 4 this year.

Step 1

Once you have enrolled your child at the new school, apply online by giving your home address and telling us which bus company the student needs to travel with between home and school. You can apply online at transportnsw.info/school-students

Step 2

The school then confirms to us that your details are correct.

Step 3

We will then work on your application. You will get an email confirming if the student is approved for free travel. If so, we will tell your local bus company who may send a school travel pass (if needed) to your school or, in some cases, the bus company will contact you directly about travel arrangements.

A parent or guardian must apply for students aged 15 years and under. Students who are 16 years and over must apply for themselves.

What my card will look like



Want to know more?

For more information, visit transportnsw.info/school-students

For help in your language, call the Translating and Interpreting Service (TIS) on 131 450.

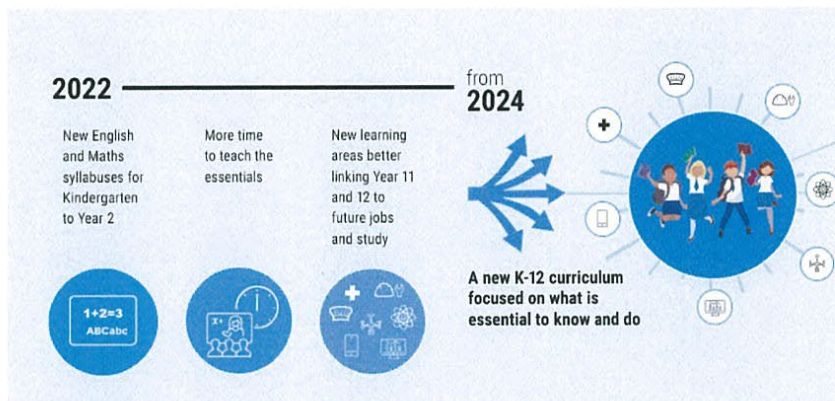
Privacy

For information on how we handle personal information please refer to the Opal Privacy Policy at transportnsw.info/tickets-opal/opal/opal-privacy-policy and the School Pass Terms transportnsw.info/school-pass-terms



Parent/carer information about curriculum reform

In response to the Master's review (2020), the department has committed to an ambitious program for streamlining and strengthening what is taught in our schools. The new curriculum will give students more time to focus on key learning areas so that they can acquire a deeper understanding of central concepts. It will ensure students develop strong foundations for learning, life and work in a complex and fast-changing world.



What is an overview of new English and Mathematics K-2 syllabus?

- The new syllabuses emphasise key concepts, identify essential knowledge and skills, and include new outcomes to clearly show what is essential. They remove ambiguity for all users.
- Clear and concise language in the outcomes and content help you to understand the learning expectations for building foundational skills in English and Mathematics.
- The new Digital Curriculum means the syllabuses will be easier to access and navigate, so users can find information more efficiently.
- Access content points are provided to indicate content that students with significant intellectual disability may access.

What are the key details in English K-2?

English K–2 shows essential learning as outlined in the research for building foundations in reading and writing.

- The syllabus recognises that for most students, oral language comes before written language.
- Oral language outcomes and content are inclusive of students whose primary communication is not through speaking and listening.
- Each research-based key to reading has an explicit outcome, including phonics.
- The teaching advice suggests that teachers should typically provide daily opportunities for students to practise reading, starting with the use of decodable texts.
- Focus on reading 'fluency' as a key component of building strong foundations.
- More emphasis on writing and ensuring that students have a clear understanding of how to create a sentence.

- 'Literature' is highlighted as essential in the development of core knowledge for subject English.
- Listening to and using literature can foster an understanding, appreciation and love of reading.
- Content is structured to highlight the parallel connections across oral language, reading and writing.

What are the key details in Mathematics K-2?

- The new Mathematics syllabus clearly shows essential learning and supports students to make connections across concepts as outlined in the research for building foundations in Mathematics.
- There is a focus on developing reasoning skills to support a deeper understanding.
- Content is structured to highlight the parallel connections across Number and Algebra, Measurement and Space, and Statistics and Probability, underpinned by the latest research.
- Teaching advice for Mathematics includes examples to support the development of language and vocabulary. This will be particularly helpful for early-career teachers.
- Vocabulary knowledge influences the development of reading, writing, oral language and Mathematics skills.
- The new syllabus affirms the strong evidence base of outcomes and content, with an increased emphasis on place value.

How does the new Digital Curriculum platform help?

All syllabuses of the NSW Curriculum Reform will be released on a new Digital Curriculum platform that will help you to access clear information on the skills and knowledge associated with each key learning area. It will include easy links to:

- examples and teaching advice
- support materials
- resources
- other syllabuses.

The Digital Curriculum means the syllabuses can make connections between subjects and across years. The Digital Curriculum will be more accessible. Features will be further developed and added.

When will new syllabuses be taught?

All schools have access to the new English and Mathematics K–2 syllabuses now to prepare and plan for implementation.

The new English and Mathematics K–2 syllabuses will be taught in all NSW primary schools from 2023. New 3-6 English and Mathematics syllabuses will be taught in NSW primary schools from 2024.

Mrs Emily Bosworth

Assistant Principal Curriculum and Instruction

INSIGHTS

Disarming anxiety before it becomes a disorder



In urban Australia it takes approximately eight years between onset of symptoms and a diagnosis of an anxiety disorder, and over twice that time in rural settings. That's a long time for a child or young person to live with the turmoil of anxiety without getting the help they need.

Kids with a diagnosis of an anxiety disorder include those experiencing social anxiety, separation anxiety, generalised anxiety, panic disorder, obsessive-compulsive disorder, and specific phobias or overwhelming fears. Beyond Blue statistics states 1 in 14 children experiences an anxiety disorder. Sadly, a great deal of childhood anxiety goes undetected.

Early detection is critical

Anxiety can be overlooked for many reasons. Often day-to-day functioning of anxious kids isn't affected in obvious ways, and they can appear happy, but the signs of anxiety will be there if you know what to look for. Anxiety shows through behaviour and language, and is felt physically by a child. Avoidance and over-planning are the two most common behaviours displayed by anxious kids. Long before they become a child's patterned response to anxiety-inducing events there are generally many subtle signs of anxiety including poor concentration, irritability, becoming upset over minor issues and constantly seeking reassurance. Anxious children and young people can feel nauseous, experience headaches, have difficulty sitting still and constantly feel on edge.

Anxiety is individual

Just as children display symptoms of anxiety in unique ways, they also react differently to everyday events. One child's highly anticipated school camp maybe another child's anxiety-inducing nightmare. Knowing the events that trigger anxiety in a child or young person is key to early detection and management.

The tools anxious kids need

Children and young people who experience anxiety need self-management tools to allow healthy functioning and prevent anxiety from deteriorating into a full-blown disorder. Knowledge of how and when to use management tools such as mindfulness, deep breathing, exercise and thought distancing are critical to good mental health, allowing kids to turn the dial down on their anxiety while they get on with the activities that make them happy.

Lifestyle factors that minimise anxiety

Anxiety maybe commonplace but its origins are complex. Poor diet, lack of exercise, social media, sleep problems and an inability to relax all play a part in exacerbating a child's anxiety. And of course, the pandemic is a frightening time for children.

parenting * ideas

Attempts to help children minimise anxiety need to include healthy eating that ensures good gut health, frequent exercise that releases adrenalin and the stress hormone cortisol, plenty of endorphin-inducing free play in natural environments and developing good sleep habits that will last a lifetime.

In closing

No child or young person should suffer needlessly from anxiety. Life can feel very grey when anxiety is a constant companion. As a parent you help your child by being on the lookout for early signs of anxiety, recognising the events that cause your child stress and teaching them the tools they need to push anxiety into the background while they get on with enjoying life. Anxiety is not something to be feared, but a condition to be understood and managed before it spirals into a disorder needing professional intervention.



Tune in: experience, discover, join in and connect

MENTAL HEALTH MONTH
OCTOBER

Connection Calendar for children

Tune In and connect to your friends, your family, your community and your mental health and wellbeing.

Discover what's on these school holidays @Share our Space

Click through the calendar or use the link below to explore and connect

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>26 See if your school is open through the Share our Space program</p>	<p>27 Draw a family logo</p>	<p>28 Start your day with 5 mindful moments</p>	<p>29 Before dinner, talk about the best thing that happened today. What made it so good?</p>	<p>30 Plan a fun exercise you will do every day during October</p>	<p>1 Make a list of your 5 favourite songs</p>	<p>2 Make a map of your neighbourhood</p>
<p>3 Have a day without TV, computers or consoles</p>	<p>4 Write a note to a friend and put it in their letterbox</p>	<p>5 Share a game, toy, book with a friend or someone in your family – and think how the new owner might use them</p>	<p>6 Create an obstacle course with household items – and beat your best time</p>	<p>7 Try box breathing. it's as easy as 1,2,3,4</p>	<p>8 Discover new fun and healthy food ideas</p>	<p>9 Get ready for the start of Term 4 – pack bags, sort clothes, and have an early night</p>
<p>10 World Mental Health Day Tune In to you</p>	<p>11 Find out which famous or historical people you share your birthday with and learn five new things about them</p>	<p>12 Learn a new joke to tell at dinner time</p>	<p>13 Lay quietly and listen to calming sounds. What do you hear?</p>	<p>14 Think about someone you admire, what values do you share with them?</p>	<p>15 Arrange to meet up with a friend</p>	<p>16 Do a 'Just Dance' challenge from Youtube with your family</p>
<p>17 Discover your local Aboriginal language</p>	<p>18 Help out with a chore that you usually don't do</p>	<p>19 Sketch or photograph your favourite spot</p>	<p>20 Finish an old craft project you started – or start a new one!</p>	<p>21 Create a lucky dip of favourite movie titles – for a family movie night with the lucky draw</p>	<p>22 Complete a journal entry each day for a week</p>	<p>23 Offer to help cook dinner</p>
<p>24 Try and have 5 glasses of water today</p>	<p>25 Go to bed early and read a book</p>	<p>26 Before you go to sleep – try a calming countdown</p>	<p>27 Use an old jar and plant some seeds and see what grows</p>	<p>28 Today is World Teachers' Day</p>	<p>29 Create your own game and show someone how to play it</p>	<p>30 Grandparents' Day – if you can, call your grandparents and have a chat</p>

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[Kids Helpline is a safe and easy way to share any worries you might have. 1800 55 180](#)

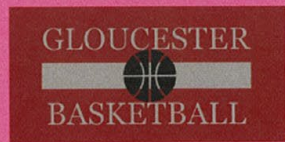
education.nsw.gov.au/student-wellbeing/mental-health-month



HEALTH



I AM A
GIRL
I CAN DO
ANYTHING
COME
N
TRY



GIRLS SKILL SESSION

IT'S FUN & FREE

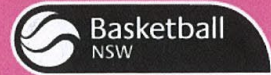
SATURDAY 12 NOVEMBER 2022
4.5yrs - 7yrs: 1:00pm-2:00pm
8yrs - 18yrs: 1:00pm - 3:00pm

**GLOUCESTER BASKETBALL,
BOUNDARY STREET**



SIGN UP NOW

www.bnsw.com.au/i-am-a-girl



Gloucester Mixed Travelling Bowlers'

MANGO FUNDRAISER



IF YOU **LOVE** MANGOES, ENJOY THE BEST TASTING
KENSINGTON PRIDE MANGOES DIRECT FROM TROPICAL
NORTH QUEENSLAND JUST IN TIME FOR CHRISTMAS!

- \$25 per tray (approx 12-15 per tray). Please pay when ordering or as arranged.
- You can order by calling Jean Holstein 6558 2793 or Di Lockwood 0447 919 278. Orders and payment can also be made at the Bowling Club
- Please order and pay by Wednesday 2nd November
- Your order can be collected from the Club on Monday 12th December

Spread the mango love...be sure to share with your family, friends, neighbours and workmates!

Thank you for supporting our Bowlers and Aussie Farmers! ❤️



Gloucester Bowling & Recreation Club



Is your business looking for a pool of prospective employees? Would you like to promote your organisation to job seekers or school students?



Thursday,
10 November 2022

5.30pm - 8pm

Gloucester Showground,
Cattle Pavilion

Registrations for business
close 1 November

Gloucester Business Chamber & Regional Industry Education Partnerships would like to join forces with local businesses to present job and career opportunities to people within our region.

The goal is to keep talent and to attract talent to our local government area by proffering mentorships, apprenticeships and job opportunities to genuine job seekers.

The expo is open to school students and the general public.

For more information on the expo, and discuss presentation ideas, please contact
Erin Lute 0457 096 553

CONNECT GLOUCESTER JOBS FAIR AND CAREERS EXPO

