

### **Gloucester Public School Newsletter**

**Opportunity - Innovation - Excellence** 

Find us at:

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Term 3 Week 7

This week's expectation: Show respect to yourself and all others

Tuesday 30 August 2022

### Dates to Remember

01/09 NAIDOC Day

02/09 Fathers' Day Stall

05/09 Year 6 BBQ and Info

Night at GHS

07/09 School Photos

08/09 RUOK Day

19/09 K-2 Excursion

21/09 SRC Disco

23/09 Footy Colours Day

23/09 Last day of Term 3

Canteen Days: Monday

Wednesday

Friday

Uniform Shop is open every Friday morning 8.30am -9.30am. (EFTPOS now available)

Please make sure that we have your current details.

If anything has changed, (address, emergency contacts, phone numbers etc), please advise us as soon as possible.

Please check our SkoolBag App for updates daily. This is the easiest way to stay up-to-date with school events, last minute notices, newsletters and all school communications.

- 1. Download the app
- 2. Create an account
- 3. Add our school

# NAIDOC DAY Thursday 1 September

Activities on the day include:

- Aboriginal Art
- Aboriginal Dance and Songs
- Boomerang Throwing
- Aboriginal Artefacts, Weaponry, Bush Survival and History
- 2 Interactive assemblies and smoking ceremony

All students will be provided with a FREE Hot Dog Meal Deal which includes:

- One hot dog (\$2.00 for an additional hot dog)
- Popper
- Jelly Cup (Please let us know if your child does not want the meal deal)

Students should ensure they pack their crunch and sip, water bottle and recess on the day and wear normal school uniform.

### NAIDOC Storytime



### 2022 SCHOOL PHOTOS - Wednesday 7 September - WINTER UNIFORM PLEASE

Our school photo day is almost here. Your child should have received a personalised photo envelope. If not, there are spares at the office.

Photo envelopes must be returned with your child <u>ON PHOTO DAY</u> with the correct money enclosed if paying by cash. <u>No change can be given by the school office</u>.

It is vital that each child returns his/her own envelope, even if payment is enclosed in a sibling's envelope. The school does not arrange the payment for photos. This is a parent/carer responsibility.

Parents are encouraged to pay online before the day. However, students are still required to bring their envelopes on the day of photography.

### **ONLINE PAYMENTS** – www.theschoolphotographer.com.au

Use the online Order Code located on your envelope to make payment

**SIBLING PHOTOS** – If you would like a sibling photo, these envelopes are available at the office.

Please Note: Online payments for sibling orders are closed by 7.00am on photo day.

Prior to 9.30am on photo day you can still collect and pay via cash only using a sibling envelope from the school office. Phone orders are not available for sibling payments on photo day.

**Late Payments** – If paying online **after photo day** for your class portraits, online orders are open via the website for you to make payment.

A late fee applies for all orders placed after the bulk issue of school photos are delivered.

**Phone Payments** – Call The School Photographer on 9674 9824 – order over the phone via credit card payments. (There is a processing fee of \$5 for all phone order payments.)

For all student photo order enquiries

Email – enquiries@theschoolphotographer.com.au or call 9674 9824



**CONGRATULATION**S to those who represented Gloucester PS last week at the Regional Athletics Carnival.
Results are listed below:

Dane Laurie 9yrs 100m - 15th
Jarrah Baker 10yrs 100m - 6th
Beau Laurie 11yrs Shot Put - 4th
Amelia Gruisinga 11yrs 800m - 13th 1500m - 12th
Lily Sansom 11yrs High Jump - 7th

Justin Boorer Jnr Shot Put - 1<sup>st</sup> 100m - 5th 200m - 6th

Bradley Higgins Snr Discus - 1st Shot Put - 4th High Jump - 3rd

A great effort by all. Bradley Higgins and Justin Boorer will now represent the Hunter Region at the State Athletics Championships in Sydney in October.





### RUOK? Day

On Thursday 8 September GPS is participating in R U OK? Day. This day reminds us of the importance of checking in with our friends and family. Students are encouraged to wear something yellow, eg; yellow t-shirt, hair ribbons or socks. Please ensure shirts are sun safe and appropriate for school. All remaining clothing should be regular school uniform (ie usual school hat, shorts, skorts, pants). Please note this is not a fundraiser.

### **Hot Chocolate Day**

There will be no Hot Chocolate Day this week due to NAIDOC Day. We would like to thank our families once again for supporting this weekly fundraiser. We will continue Hot Chocolate Day during weeks 8, 9 and 10, with another little surprise included with all hot chocolate purchases in week 10.

### **Upcoming Events**

On Wednesday 21 September the SRC is holding a school disco. Mr Kemp has kindly offered his services as our disco DJ, so it's sure to be lots of fun. More information to come as the date draws closer.

### Fight Cancer – Footy Colours Day

On 23 September (last day of term 3), in conjunction with the *Fight Cancer Foundation*, we are holding a Footy Colours Day. Whichever team/code you follow, wear your team colours and bring a gold coin to support kids with cancer.

### Stage 3 Homework - Speech

There is no additional homework for this week while students are delivering their speeches in class. Keep practising so you can present it really well. If you have already delivered it, enjoy a bit of a break this week while you watch everyone else!

We are looking forward to some engaging speeches and the chance to hear about some of their experiences!

### Year 6 Welcome to GHS BBQ and Information night

Don't forget the information evening and BBQ at Gloucester High School next Monday 5 September for parents and students heading to Year 7 in 2023. Lock this very important evening into your calendar as this is a wonderful opportunity for students and parents/carers to meet high school staff and find out what the move to secondary school will look like for your child.

Rod Maggs, Assistant Principal – Stage 3



### Fathers' Day Stall - Friday 2 September

Thank you to our P&C for organising the Fathers' Day Stall for all our students. Gifts will range from \$2.00 to \$5.00. Please send your child with money on Friday to buy their dad or special person a gift.



### P&C Raffle

Tickets are going home today with this newsletter for a raffle as follows:

- 1 x \$100 petrol voucher
- 2 x \$50 petrol vouchers

Tickets are \$1.00 each and the raffle will be drawn on 23 September. All tickets (both used and unused) must be returned to the school office by 9.00am on Friday 23 September. Additional tickets are available at the office.

# Class & Expectation Awards Term 3 Week 6



Kindergarten: Oliver Rentell, Jacinta Watts, Aaron Castles, Charlie Rawlings, Michael Harris, Hunter Andrews



1B: Piper Newman, Zeke Predebon, Harrison Leitch



1K: Jayan Varsani, Shelby Rumbel, Tomas Dellsperger



2A: Charlie Wamsley, Lachlan Maggs, Izabella Goodwin, Cassandra Ellis



25: James Goldsmith, Sebastian House, Jaxson Barnes, Macey Barron



3/4H: Zafirah Oliver, Jayden Marley



3/45: Clare Wilson, Isaac Burns, Daisy Jennings



**5/6G:** Corey Everett, Poppy Murphy, Chloe Tindall, Roby Kellehear



**5/6M:** Zali Jennings, Layla Collins, Eva Muddle



**3/4L:** Ellyza Sterling, Jasmyne Warner, Krickett Jolliffe



3/4W: Emma Beahan, William Leczkowski, Ellie Rawlings, Lachlan Honeyman



5/6K: Ryder Guttridge, Dean Griffin, Sienna Sanderson, Tayah Fox



5/65: Ivy Kellehear, Holly Davies, Shirley Guiren

# parenting \*ideas

INSIGHTS

# Why dads matter



Father's Day can be a tricky occasion for some families, especially for those who don't have a father who is present in their life because of family breakdown, or a geographical distance which may not allow them to be close by. There are also those of us who have lost a father, or who are being raised by single mums who are both mum and dad to their kids. This too can impact how our kids view 'dad' and what he means to them. Other family structures exist where dad is not present either, and this can complicate Father's Day further.

The reality is that dads, when present and safe, take different shapes and forms. And research shows that kids thrive when dad is that positive, safe presence in their lives.

Over the past few decades, research has shown us that dads (and other male role models like teachers, coaches, church leaders, uncles, grandpas, and more) matter. Enormously. Their positive impact cannot be understated or waved away. And research also tells us that dads (and those other male role models) are stepping up and presenting that positive and active presence in their children's lives.

#### Why do dads matter?

Having involved fathers, however they might look to you and your family, has a lasting effect on their children's lives, for the better.

Firstly, dads engagement can help kids achieve better results at school, help increase their self-esteem and even reduce the risk of delinquency, substance abuse and other high-risk behaviours in kids. Known as the 'father effect' – this umbrella term describes these and the many other benefits of a paternal presence, a presence who values and prioritises quality time.

Secondly, these dads matter because their influence, attention, nurturing, and affection help promote children's social and emotional development. They set up a healthy relationship with their children, allow for emotional growth and help develop positive health and wellbeing. And they provide a model of healthy masculinity for their kids; the kind of masculinity that helps those around them feel safer and stronger.

Third, there is a sense of acceptance and security that fathers can help provide which not only help our kids in the short term but continues as they move into adulthood as well. This protective presence can come from both parents but seems particularly present with actively and positively engaged fathers.

Fourth, engaged fathers matter because they can also help our kids develop important life skills including respect, problem solving, empathy and social skills. They teach them about limits, consent, and responsibility. Researchers aren't quite sure why or how, but these things seem to develop differently when dads are present versus when they're not.

#### What does an engaged dad look like?

# parenting \*ideas

If you've watched the show, you'll have seen that Bandit isn't perfect. He can be dismissive now and then. He can say things that are challenging. But despite his imperfections (which we all have), Bandit listens to his children – their thoughts, their concerns, their dreams and their ideas. He encourages them, he challenges them, he shows an interest in them.

And Bandit talks to his children – he makes jokes, he reads books, he tells them about his day, he involves them in other parts of his life. He is verbally expressive with clear communication but without being controlling or belittling.

Bandit plays with his children – he kicks the footy in the backyard, or feeds the baby doll a bottle; he helps put together Lego or find the missing piece of a puzzle. He supports their interests, imagination, and growth. He helps set limits and boundaries and regulate emotions.

Bandit also supports his children – emotionally he helps navigate their problems or worries with them, he doesn't dismiss them. Rather he guides them to solve problems or cope with disappointment themselves. He supports them physically he watches their sports matches, or dancing recitals; he is their biggest supporter.

Bandit is a positive role model – he demonstrates values that he wishes to instil within his own child/ren. He is honest and shows integrity. But he's not perfect. He makes mistakes – because he is human and when he does, he will own them and will say sorry.

He grows alongside his kids – as his children get older and mature, his relationship with them evolves with it. They learn about each other and grow and feel confident and secure in their relationship together. He values self-care – he has time for himself and ensures his own wellbeing and health is prioritised too because without this, he can't be his best self.

#### All dads are different but equally important

These qualities of an engaged dad aren't a checklist that dads need to tick off. Every dad will be different and that is okay. What's important is that dads are there for their kids and want to grow with them. That's what life is. Growth. That is what our kids will notice the most and how they will know you matter... because you do!



### **Shona Hendley**

Shona Hendley is a freelance writer and a former secondary school teacher. Her work appears in Kidspot, ABC Everyday, The Guardian, Body + Soul, and News.com.au amongst others. Shona currently lives in regional Victoria with her family, including husband, two daughters, two cats, and three super cheeky goats. You can follow her on Instagram.





# **Road Safety at Gloucester Public School**

### Help keep our children safe

Parents and carers are responsible for their child's safety when travelling to and from school

### Travelling safely by car

Ensure your child:

- Is correctly buckled up with a seatbelt or child car seat
- Always gets in and out of the car through the 'safety door'- this is the rear door on the footpath side of the car
- Uses a booster seat, if aged between four and seven years old, or until they reach a height of 145cm.



### Kiss and drop zone/Drop off zone (Hume Street)

Safety tips for drivers:

- 1. always follow our school's procedures
- 2. remain in your vehicle at all times in the kiss and drop off zone.
- 3. make sure children use the Safety Door to get in and out of the car.

### Driving and parking safely near your school

You can help keep our children safe by:

- dropping your child off and picking them up on the school side of the road
- never calling out to them from across the road it is very dangerous
- parking responsibly even if it means you have to walk further to the school gate.



# Walking safely

Always hold your child's hand until they are 8 years old,

- on the footpath
- in the car park and
- · when crossing the road

Until children are 10 years old, they should be closely supervised in the traffic environment and hold an adult's hand when crossing the road.





### Choose a safe crossing

Lead by example and choose a safe place to cross the road. Stop, Look, Listen, Think every time you cross the road. Discuss this important road safety message.

**STOP!** - one step back from the kerb. **LOOK!** - continuously both ways.

**LISTEN!** - for the sounds of approaching traffic.

THINK! - whether it is safe to cross.

The school crossing on **Hume Street** is the safest place to cross the road



# **Riding safely**

Many children enjoy riding their bicycle or scooter to and from school and it's a great way for you to join them to stay active.

Teach your child to be a safe rider by:

- always wearing a correctly fitted helmet it's the law
- riding on the footpath keeping to the left and giving way to pedestrians
- always supervising children under 10, adults are allowed to ride on footpaths with children under 16
- being responsible to store their bike securely, in the bike racks located near the Stage 3 classrooms

### Travelling safely by bus

Bus travel is a great way to safely get to and from school.

Safety tips:

- Always meet your child at the bus stop never on the opposite side of the road.
- 2. Hold your child's hand at the bus stop.
- 3. Stand a few steps back from the edge of the road when waiting at the bus stop.
- 4. Wait until the bus has gone, then choose a safe place to cross the road.



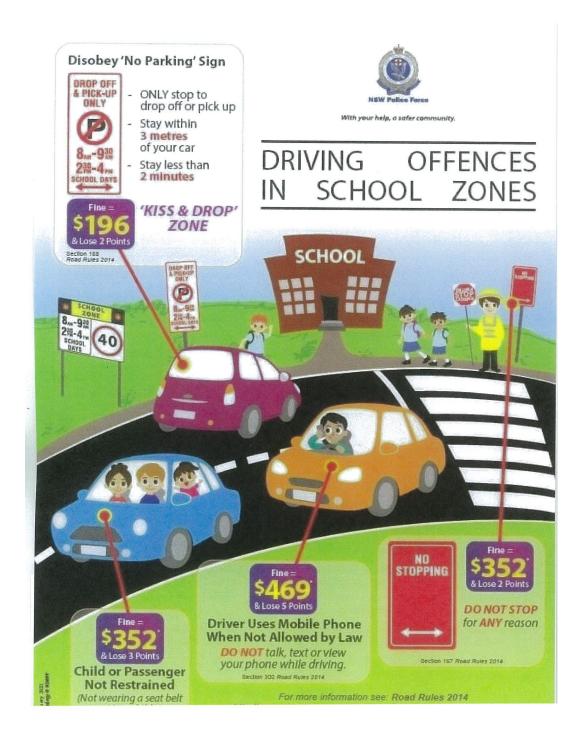
### There are 12 bus routes for our school. The 2 companies that service our school are:

- Newcombe Coaches 02 6658 0303
- Forster Bus lines 02 6554 6431

Please contact the bus lines for all enquiries, issues or complaints about bus travel

Applications for a school bus pass: <a href="https://www.service.nsw.gov.au/transaction/apply-school-travel-pass">https://www.service.nsw.gov.au/transaction/apply-school-travel-pass</a>





### Gloucester Show - 28 & 29 October - Fine Arts Section

Get your paint and pencils out!

Any medium, any subject, by an artist who is a school student. This is an Open Entry, not part of the Junior Section. Entry fee is \$1. All entries are to be made at the pavilion entries office at the Showground, weekdays from Monday 17 until Tuesday 25 October, between 10am until 4pm.

Note: Entries in this section close on Tuesday to enable hanging on Wednesday. All works are to be delivered to the stewards between 12 noon and 1pm on Wednesday 26 October with competitor's ticket attached. All exhibits must be suitably framed with hooks and wires and be of a standard suitable to hang. Works will be hung at the discretion of the stewards. Exhibits for sale must have the price on the back of the work. Commission of 20% of marked price goes to Gloucester AH & P. All entries are to be collected and signed out on Sunday 30 October between 9am and 10am. No entries can be collected on Saturday evening.



### Wool needed for Stage 2 knitting project

Stage 2 students have been finger knitting in their visual arts unit this term. They will be using their saved finger knitted pieces to plan and execute a yarnbombing around the school. The students are very excited about this project, and they cannot wait to see the reaction of other students as they discover the yarnbombing.

We are seeking donations of wool to help us complete this project. Any amount of knitting wool or yarn, in any colour, ply or type, would be greatly appreciated.

Thank you for your support.

Stage 2 Teachers











We welcome back all new and existing swimmers and their families on Thursday  $13^{\rm th}$  October 2022, 6pm @ Gloucester pool complex

All swimming abilities are welcome!

This year we celebrate *60 years* of Gloucester Thunderbolts Swim Club! So come and celebrate with us.

For more information about the club and our club nights go to our website:

https://www.gloucesterthunderboltsswimmingclub.com.au/

Or

Follow us on Facebook: GloucesterThunderboltsSwimmingClub

Registrations are open in Swim Central from 5<sup>th</sup> September 2022 (https://authcrm2.swimming.org.au/)

Please contact <u>gloucesterthunderboltsswimclub@outlook.com</u> for all enquiries

# Why attendance matters

When your child misses school they miss important opportunities to:



Learn



Build friendships



Develop life skills



A day here and there doesn't seem like much, but...

When your child misses just...

they miss weeks per year

and years over their school life





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