



Gloucester Public School Newsletter

Opportunity - Innovation - Excellence

Find us at: 45 Hume Street, Gloucester 2422
Tel: 65581303
www.gloucester-p.schools.nsw.edu.au



Term 3 Week 5

This week's expectation: Play and Work Safely

Tuesday 16 August 2022

Dates to Remember

15-17/08 Stage 3 Excursion
25/08 Book Fair
01/09 NAIDOC Day
02/09 Fathers' Day Stall
07/09 School Photos
19/09 K-2 Excursion

Canteen Days: Monday
Wednesday
Friday

Uniform Shop is open every
Friday morning 8.30am -
9.30am. (EFTPOS
now available)

Please make sure that
we have your current
details.

If anything has changed,
(address, emergency
contacts, phone
numbers etc), please
advise us as soon as
possible.

Please check our SkoolBag
App for updates daily.
This is the easiest way to
stay up-to-date with
school events, last minute
notices, newsletters and
all school communications.

1. Download the app
2. Create an account
3. Add our school



welcome

We would like to welcome Mrs Donna Langdon who will now be teaching 1B. Mrs Bosworth accepted the position of Assistant Principal Curriculum & Instruction earlier this year and due to staffing, could not start her new role until a suitable replacement could be found. We are very fortunate that Mrs Langdon has joined Gloucester Public School.



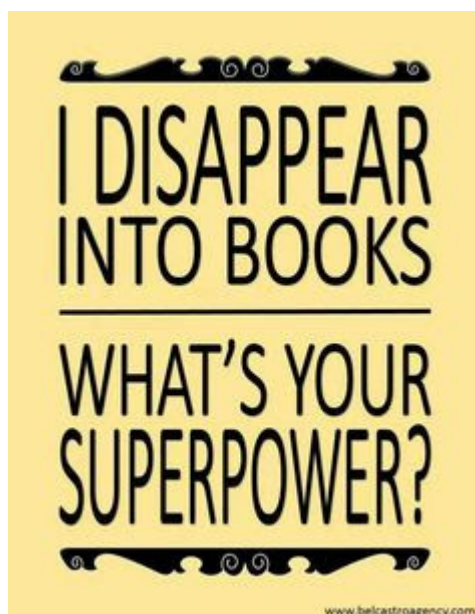
Book Week is almost here!

Next week is Book Week and we have a few exciting activities lined up to celebrate this important week, the most exciting being the annual Book Fair in our school library. The theme for Book Week 2022 is ***Dreaming with Eyes Open***, inspired by the beautiful indigenous picture book, *Baby Business*, written by Jasmine Seymour.

As mentioned in previous newsletters, book purchasing will be online this year. Students will be visiting the Book Fair on either Monday or Tuesday next week and will bring their wish lists home to you. If you would like to purchase books, the children will bring home information that explains how to pay online and an order form to return to school with your receipt number. **Orders must be returned before Thursday 25 August** for orders to be filled while the Book Fair is at our school.

To assist with ordering we will also be placing photos of the books with a price list on the SkoolBag app. The purchase of books either through Book Fair or through our regular Book Club catalogues earns our school rewards points that enable us to purchase resources for our school. Your support is very much appreciated.

Kim Macdonald, Teacher Librarian



2022 SCHOOL PHOTOS – Wednesday 7 September

Our school photo day is fast approaching. Yesterday, your child should have received a personalised photo envelope. (Stage 3 students will receive theirs on Thursday.)

Photo envelopes must be returned ON PHOTO DAY with the correct money enclosed if paying by cash.

No change can be given by the school office.

It is vital that each child returns his/her own envelope, even if payment is enclosed in a sibling's envelope. The school does not arrange the payment for photos. This is a parent/carer responsibility.

Parents are encouraged to pay online before the day. However, students are still required to bring their envelopes on the day of photography.

ONLINE PAYMENTS – www.theschoolphotographer.com.au

Use the online Order Code located on your envelope to make payment

SIBLING PHOTOS – If you would like a sibling photo, these envelopes are available at the office.

Please Note: Online payments for sibling orders are closed by 7.00am on photo day.

Prior to 9.30am on photo day you can still collect and pay via cash only using a sibling envelope from the school office. Phone orders are not available for sibling payments on photo day.

Late Payments – If paying online **after photo day** for your class portraits, online orders are open via the website for you to make payment.

A late fee applies for all orders placed after the bulk issue of school photos are delivered.

Phone Payments – Call The School Photographer on 9674 9824 – order over the phone via credit card payments. (There is a processing fee of \$5 for all phone order payments.)


For all student photo order enquiries

Email – enquiries@theschoolphotographer.com.au or call 9674 9824

PLEASE TEAR HERE

Please note: Due to potential Covid Restrictions at the time of photography the traditional group in your photo package may be substituted for a composite group or equivalent.

I am paying by:

- Please Tick Cash (Enclosed) 
- Money Order (Enclosed)
- Online Payment by credit card - Use the purple code below to order online.

www.theschoolphotographer.com.au

X1113EL46G

MY ONLINE RECEIPT NUMBER IS:

Student Name: _____

School Name: Gloucester Public School

Class/Year: /

Phone: _____

Email: _____

COMBINED PAYMENTS


(Each student MUST have their own envelope - please mark an X in the appropriate box)

<input type="checkbox"/> This child's payment is in Name: _____ Class: _____	<input type="checkbox"/> This envelope includes payment/s for Name/s: _____ Class/s: _____ _____ _____
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I give permission for my child's name to be included underneath the class/year group photograph. If I DO NOT wish my child's name to appear I will notify the school IMMEDIATELY.

If you have any concerns upon receiving your photos, please email or call us directly at:
The School Photographer (not your school)
enquiries@theschoolphotographer.com.au (02) 9674 9824
100% MONEY BACK GUARANTEE

If you are not totally satisfied with your photographs, please post them (WITHIN 7 DAYS) to:
 Unit 20, 14-16 Stanton Road, Seven Hills NSW 2147



	Price	Qty	
BLUE	\$51	x <input style="width: 30px;" type="text"/>	= <input style="width: 30px;" type="text"/>
RED	\$48	x <input style="width: 30px;" type="text"/>	= <input style="width: 30px;" type="text"/>
GREEN	\$46	x <input style="width: 30px;" type="text"/>	= <input style="width: 30px;" type="text"/>
Group Only	\$29	x <input style="width: 30px;" type="text"/>	= <input style="width: 30px;" type="text"/>
Portrait Only	\$30	x <input style="width: 30px;" type="text"/>	= <input style="width: 30px;" type="text"/>
The products below may only be ordered with the purchase of one or more of the above options			
Drink Bottle	\$19	x <input style="width: 30px;" type="text"/>	= <input style="width: 30px;" type="text"/>
Mug	\$20	x <input style="width: 30px;" type="text"/>	= <input style="width: 30px;" type="text"/>
Keyring	\$ 8	x <input style="width: 30px;" type="text"/>	= <input style="width: 30px;" type="text"/>
Magnet	\$ 9	x <input style="width: 30px;" type="text"/>	= <input style="width: 30px;" type="text"/>
TOTAL: \$			

Please note: Due to potential Covid Restrictions at the time of photography the traditional group in your photo package may be substituted for a composite group or equivalent.

HOCKEY TEAMS TRAVEL TO NEWCASTLE INTERNATIONAL HOCKEY CENTRE TO PLAY IN THE HUNTER FINAL

Last Friday, our girls' and boys' hockey teams travelled to Newcastle to play in the PSSA Hockey Knockout Gala Day at the Newcastle International Hockey Centre. There were numerous rounds played at the event, however our teams had progressed to the last round known as the Hunter Final. The boys had two wins under their belts, but the girls had made it to this position without playing a game. They had been lucky, or unlucky enough, to get forfeits in all previous rounds.

The girls played their game first and for a majority of team members it was the very first game of real hockey that they had ever played. It was an evenly matched battle and at full time the score was 0-0 and the game went into overtime. Each team headed back onto the field with two less players. It was not long into extra time that Cardiff South Public School made a break and scored which meant they had won 1-0. Not bad for our first game of the knockout!

The boys on the other hand who had already had wins against Barrington Public School and Cundletown Public School took to the field with plenty of game experience. They played an outstanding game, bringing their form from the previous two rounds to the field. In the first half they were in fine form. Soldiers Point Public School were up 1-0 but it was not long until Gloucester levelled the score. It was 2-2 for most of the second half and in the final 33 seconds Soldiers Point scored to take the win 3-2.

It was such a wonderful experience for our students, and we were so proud of how each one of them conducted themselves on the field to play the best game of hockey they possibly could.

We would like to thank the parents who transported their children and those who transported other students. We would also like to make a special mention to Mr Bolton for training the students each Wednesday at lunch time and for coming to all the games they played. Trevor, thank you for bringing your love of hockey to training each week and for going above and beyond your duty for Gloucester Public School!

The Hockey Knockout Gala Day at the Newcastle International Hockey Centre was an enjoyable day for all involved!

Melissa Seale and Hayden White

OUR GPS HOCKEY TEAMS



Girls:

Back – Ashleigh Hill, Lara Taylor, Daisy Jennings, Sissy Power, Kara Brooks, Maggie Compton, Sophie Dickson.

Front – Shirley Guiren, Laney Leu, Gracie Tukuafu, Krickett Jolliffe, Isabella Fisher, Eva Muddle, Jazmyne Rumbel.



Boys: Toby Kellehear, Miller Ribbons, Toby Warwick, Kyan Leu, Liam Wamsley, Charlie Bignell, Christopher Bolton, Matthew Woods, Dean Griffin, Brodie Baker, Jarrah Baker, Benjie Haranto, Sam Griffin.



Boys' Soccer

Last Wednesday 10/8/22, the boys' soccer team played Pacific Palms Public School, at Gloucester soccer fields. We (GPS) won 4-3 with the goals scored by Jarrah Baker, and Eli Soupidis. The GPS goalie (myself) was reported as playing a superb game, saving at least a dozen goals.

On behalf of the team, we would like to thank Mr Kemp for training and supporting us at the game and Mr Carpenter for also coaching us at lunchtimes.

We can't wait until the next game.

Brodie Baker (Captain)

Class & Expectation Awards Term 3 Week 4



Kindergarten: Isobel Morrison, Kade Galvin, Lachlan Sansom, Jayce Beaton, Ace Baker, Rhys McDonald



1B: Jacob Grant, Oscar Castles, Matthew Plater



1K: Hazel Sweeny, Max Capararo, Axel Codreanu



2A: Matilda Kellner, Aria Jory, Ryan Stanton



2S: Emily Perry, Adam Stanton, Matilda Wooster, Kiarah Grosser



3/4H: Leo De Angelis, Audrey Sweeny



3/4L: Scarlett Taylor, Hunter Williams,
Miley Baker



3/4S: Isabella Guiren, Eli Holden,
Ryan Hodgess



3/4W: Emma Beahan, Khloe Blanch,
Peter Clinch, Cooper Harris



5/6G: Paddy Doolan, Emma Warner,
Samira Soupdis, Eli Stuckings



5/6K: Xander Galvin, Braxton Leczkowski,
Logan Fisher



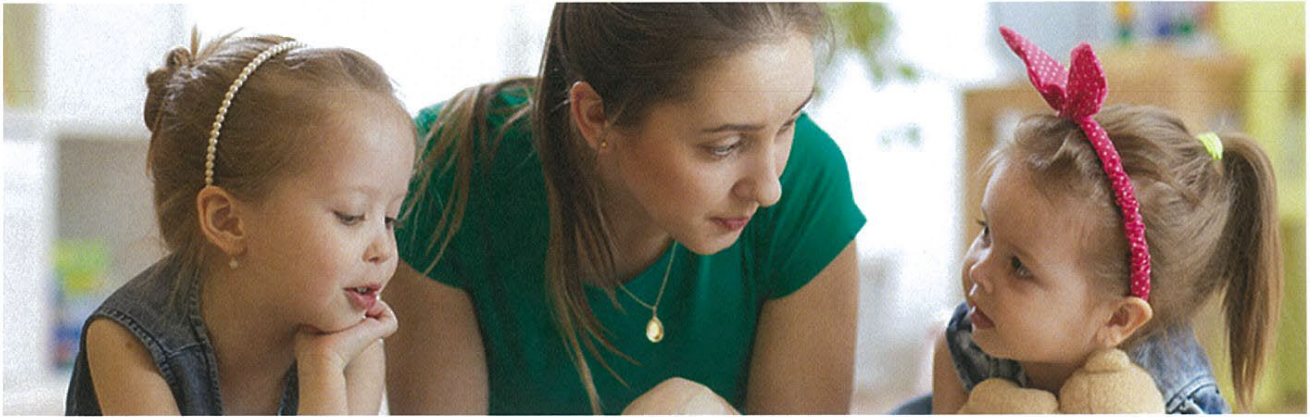
5/6M: Justin Boorer, Samuel Burns,
Janella Brooks, Ajay Jolliffe



5/6S: Shyanne Henrickson, Tyler Hobbins,
Joshua Stanton

INSIGHTS

Body safety and consent



We teach water safety and road safety to the children in our care, but too often 'Body Safety' is left in the 'too-hard basket'. And yes, it is a difficult topic to discuss but our fear of this topic could be placing our children at risk. Below are 8 Body Safety and Consent Skills you can cover with your child formally and informally as your child grows. They're applicable (in different ways) for children at all ages.

1. Encourage your child to talk about their feelings

From the earliest of years, encourage your child to talk about their **feelings**. This way they will learn from a young age how to express, manage and understand their emotions. Allow time for them to tell you exactly how they are feeling, and listen with empathy and intent. Provide a ready bank of 'feelings' words beyond 'happy' and 'sad'. (see www.e2epublishing.info for free posters on feelings)

2. Talk about feeling 'safe' and 'unsafe'

Children find it hard to distinguish between the two. It is important they understand what it is to feel 'unsafe', so if ever they are feeling this way at any time, they can talk to you or another trusted adult straightaway. Explain that our body is amazing, and when it feels 'unsafe' it always lets us know. For example, we might feel sick in the stomach or our heart might beat really fast. Tell your child that these are called their **Early Warning Signs**. Reiterate that if your child does feel any of their Early Warning Signs, they need to tell a trusted adult straightaway. Draw a body shape with your child and label their Early Warning Signs and discuss.

3. Allocate time for your child to choose 3 to 5 trusted adults

Your child can tell anything to these adults and they would be believed. These people are part of their **Safety Network**. One should not be a family member and all should be easily accessible by your child. For younger children, draw a large outline of a hand and have your child draw a picture of each person on their Safety Network. Add labels and phone numbers. Note: ensure you talk to these adults and let them know your child has chosen them and it is an honour.

4. Explain to your child that everyone has a body boundary

A **body boundary** is an invisible space around their body. No one should come inside their body boundary without them saying it's okay (consent). Your child has the right to say 'No' to kisses and hugs if they want to. They can always give a hi-five or blow a kiss instead. Have your child outline their body boundary.

5. Teach your child to respect another person's body boundary also, and that they need to ask for consent before entering it

That means, for example, if they want to hold another child's hand, they need to ask permission. And if that child says 'No', they need to respect and accept that child's wishes. Explain also that just because a person may say 'Yes' to handholding or a hug, consent can be withdrawn at any time.

6. Have your child practise the empowering 'pirate stance'

The 'pirate stance' is, hands on hips, legs slightly apart, shoulders thrown back and head held high. This is a very empowering stance and should be practised regularly. Once in the stance, your child can also practise saying 'No' or 'Stop! I don't like that!' Both these phrases are useful in bullying situations and also if anyone does try to touch their private parts. If your child can do this at 4 or 5 years old, then there is a good chance they will be able to do this at 13 or 14, and into adulthood.

7. From day one, call your child's genitals by their correct names

Ensure your child knows that their **private parts** (including the mouth) are private. Explain that private means 'just for you'. Tell your child that if anyone touches their private parts, asks them to touch their private parts or shows them pictures of private parts, they need to tell a trusted adult straightaway. They also have the right to say 'No!' or 'Stop' before alerting an adult on their Safety Network. At this point, talk about 'public' and 'private' places, for example, the kitchen is a public space, but the bathroom is a private space. Ensure your child knows the difference. Let them know that it is perfectly okay for them to touch their own private parts in a private place such as their bedroom.

8. Talk about the difference between secrets and surprises

Secrets can be asked to be kept indefinitely, whereas surprises will always be told and are only kept for a short time. Discourage the keeping of secrets in your family. Explain that your family has 'happy surprises' instead of secrets because happy surprises will **always** be told. Explain that if someone does ask them to keep a secret, they should tell that person that they don't keep secrets. Reinforce that if someone does ask your child to keep a secret that makes them feel unsafe or uncomfortable, they **must** tell an adult on their Safety Network straightaway!

In closing

In a perfect world, our kids would be safe. Full stop. End of story. But we know it's not a perfect world. We need to have the conversations. We must talk. These ideas will help.



Jayneen Sanders

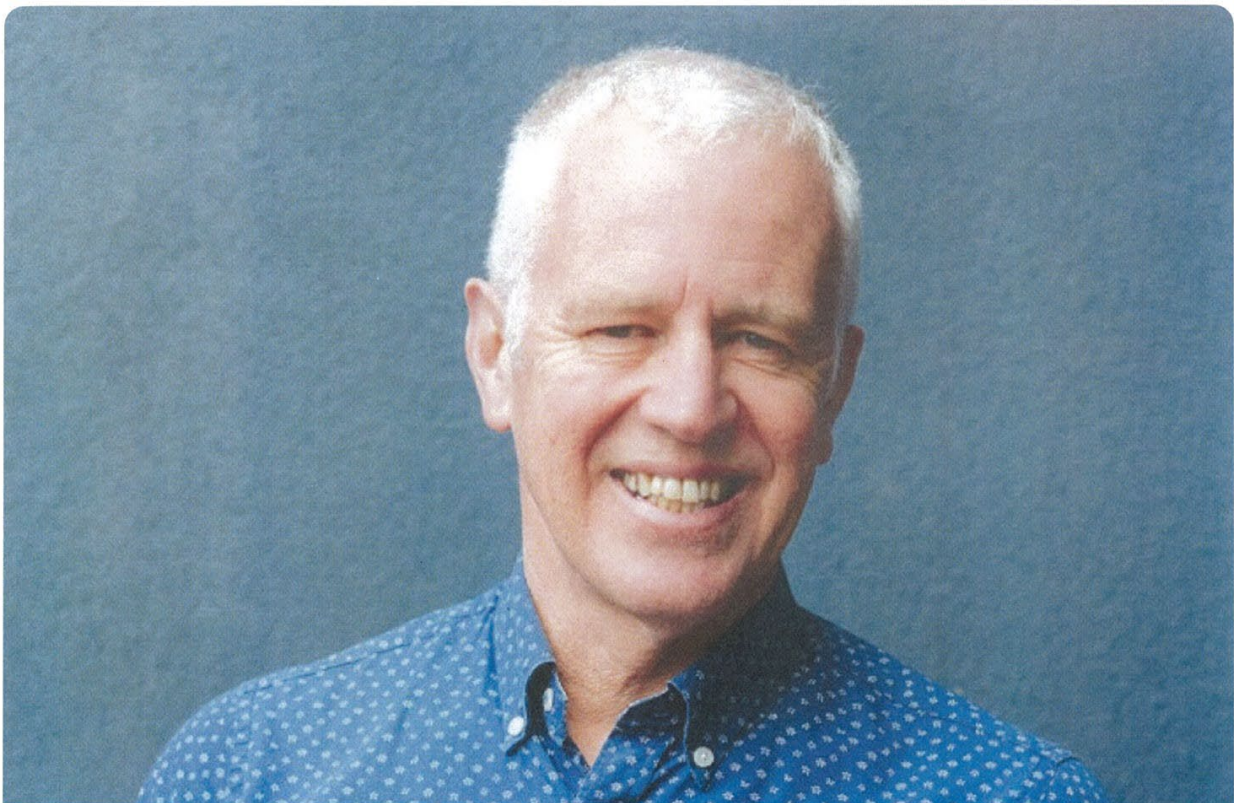
Jayneen Sanders is an author, teacher, mother of three and an advocate for the empowerment of children. Her books on Body Safety, consent, gender equality, emotional and social intelligence and many free resources including 'My Body Safety Rules' poster can be found at www.e2publishing.info.

Upcoming Webinar for Parents

Michael Grose presents: Changing parenting gears for the teenage years

Michael Grose is one of Australia's leading parenting educators and an award-winning speaker who has been informing and inspiring audiences around Australia and internationally for more than 20 years. He is a bestselling author of 12 books for parents including the best-selling *Why First Borns Rule the World and Later-Borns Want to Change It*. Michael has had parenting segments on *The Project*, *The Today Show*, *Weekend Sunrise*, *3AW*, *ABC radio* and more. He has contributed to *Huff Post*, *Kidspot* and *Mamma Mia*, and is a former columnist with *News Ltd* and *Fairfax* newspapers.

We have a membership with *Parenting Ideas*, one of Australia's most trusted sources of parenting education and support. As part of this membership, all the parents and carers in our community can attend this webinar at no cost.



 Watch from any device, any location

 See the expert as they speak

 Catch up recording available

~~Valued at \$39 per person~~

No charge for you

Free for GPS Families



Watch an overview from Michael Grose

parentingideas.com.au

parenting*ideas

About the webinar



Changing parenting gears for the teenage years

Many parents discover that the approaches they successfully used when their children were young don't stand up during the turbulent teenage years. Well-intentioned advice receives eye rolls and groans. Previous approaches to discipline no longer work, and enjoyable conversations are replaced with conflict, or worse, silence. In this webinar, Michael Grose discusses the importance of changing parenting gears during the teenage years. He shares the critical shifts parents need to make when raising teenagers.

Key learning and discussion points include:

- why giving teenagers information to keep them safe doesn't work and what to do instead
- how to talk to teens about hard topics so that they take ideas on board
- how to support young people when they are experiencing friendship and other challenges
- why mistakes are an essential part of growing up and what parents can do to minimise harm
- the three stages of adolescence and the parenting approaches that each requires

The webinar will be held on 31 August 2022 at 8–9 PM AEST.

Redeem your webinar – it's easy!

To redeem your webinar click or copy and paste this link:

<https://www.parentingideas.com.au/parent-resources/parent-webinars/webinar-changing-parenting-gears-for-the-teenage-years>

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6. Fill in your account details. These are the details you will use to login to your account and access your webinar and resources.
7. Click 'Place Order'

This offer is valid until 30 November 2022. If you're unable to make the broadcast time, just register anyway and you will get access to the recording.

GLOUCESTER PUBLIC SCHOOL P&C ASSOCIATION

AGENDA 25/7/2022

Meeting opened- 7:09pm

Attendance: As per attendance book

Minutes: minutes from the previous meeting moved to be correct

Moved: R.E. Seconded: J.H.

Business arising:

- Polo Shirts ordered for Uniforms
- 2 x upright Freezers have been ordered to replace the chest freezer in the canteen
- Received a donation from the community shop for the "COW" (laptop charging station). This will now be ordered.
- S.M. has followed up about the mural edu graphics

Moved: S.M. Seconded: T.J.

Correspondence: No Correspondence

Moved: S.M Seconded: J.H.

Uniform: No Report. Thank you to T.J. for being in there on Friday. Polos have been ordered

Moved: E.C. Seconded: J.H.

Fundraising: see report:

Moved: R.E Seconded: E.C.

Treasurer's Report: see report

Moved: S.M. Seconded: R.E.

Canteen Report: see report

Moved: R.E. Seconded: T.J.

Principals Report: see report

General Business:

- S.M. moved a motion to pay the P&C insurances, motion carried and the invoices to passed on to K.S. and the bookkeeper.
- Uniform Shop Promotion – changes need to be made to H.L and S.M.
- J.H. moved a motion to choose My School Connect as the company for the online canteen and contact will be made with the company to gain further information. J.H. moved this motion, Second S.M and the motion passed.

Moved: S.M. Seconded: R.E.

Meeting closed at 8:35pm

Next General Meeting to be held – 22nd August 2022