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### **Gloucester Public School Newsletter**

**Opportunity - Innovation - Excellence** 

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Term 3 Week 3 This week's expectation: Care for our school and everything in it Tuesday 2 August 2022

### Dates to Remember

04/08 Jeans for Genes Day 05/08 Zone Athletics 10/08 Boys Soccer 12/08 Hockey Gala Day 15-17/08 Stage 3 Excursion 25/08 Book Fair 01/09 NAIDOC Day 07/09 School Photos 19/09 K-2 Excursion

**Canteen Days:** Monday Wednesday Friday

Uniform Shop is open every Friday morning 8.30am -10.00am. (EFTPOS now available)

Please make sure that we have your current details.

If anything has changed, (address, emergency contacts, phone numbers etc), please advise us as soon as possible.

Please check our SkoolBag App for updates daily. This is the easiest way to stay up-to-date with school events, last minute notices, newsletters and all school communications.

- 1. Download the app
- 2. Create an account
- 3. Add our school



Another Win for our Soccer Boys

Last Friday, the boys' soccer team played Halliday's Point Public School. Our boys ended up winning with Jarrah Baker, Eli Soupidis and Justin Boorer all scoring goals. Max Dellsperger and Beau Laurie provided strong defence which led to the score being 4-1 to Gloucester. All our boys played really well and their passing was amazing along with their determination to never give up. Our 2 goal keepers, Brodie Baker and Charlie Bignell saved the ball multiple times.

Special thanks to John Hughes for reffing our game and also to Halliday's Point soccer team for coming all the way to Gloucester and to Mr Kemp for taking us down. Our next game is against Pacific Palms on the 10<sup>th</sup> of August. - *Justin, Brodie, Toby & Bradley* 

**Our team:** Brodie Baker, Justin Boorer, Dean Griffin, Charlie Bignell, Sam Griffin, Beau Laurie, Bradley Higgins, Max Dellsperger, Eli Soupidis, Liam Wamsley, Jarrah Baker, Eli Stuckings, Toby Kellehear.



### Jeans for Genes Day

Thursday of this week (4/8/22) GPS will be collecting donations for Jeans for Genes Day.

Students are invited to wear jeans on this day in exchange for a donation. Funds raised go directly to Children's Medical Research Institute to help our scientist find cures for genetic diseases, including cancer, and other serious conditions affecting 1 in 20 children – that's nearly one child in every classroom.

Remember, appropriate jeans (rip free) and the remainder of clothing is school uniform. Thank you for supporting this very worthy cause.

### SRC Executive

### Stage 3 Excursion – Payment Deadline this Friday

Thank you so much to all families for returning the medical form so promptly. Should there be any changes to your child's current health (or any medications) in the lead-up to the trip, please inform me as soon as possible.

The next critical step in the lead up to our excursion is for all families to ensure this Friday's payment deadline is met. This is the date for the school's final payment to the coach company and venues, so please ensure you have paid in full by this Friday 5 August. Thank you to the many families who have already finalised their payments.

If you are unsure of the balance left to pay, please contact Mrs Griffin in the school office on 65581303.

Also, keep an eye out for other notes coming home this week, including an outline of the itinerary and a permission note for viewing selected movies on the coach.

### Rod Maggs

Assistant Principal – Stage 3

### Stage 3 Excursion – Addition to 'What to Pack' Note

An apology from me!

I forgot to include the requirement for each student to bring a sleeping bag and towel on the excursion. I will send an additional note to make sure everyone gets the message and pop a message on Class Dojo.

### **Rod Maggs**

Assistant Principal – Stage 3

### Stage 3 Homework Research Task



Yesterday, students in Stage 3 were given a research task for homework. Their task is to research one of Australia's bushrangers and present the information they find as a poster on a sheet of cardboard.

We are looking forward to some brilliant posters and the chance to hear about some of these famous outlaws!

This homework task is due next Thursday 11 August 2022.

Rod Maggs, Assistant Principal – Stage 3

### **Book Fair Online**

Unfortunately, as mentioned in previous newsletters, we have had to make the difficult decision to cancel Grandparent's Day this year with community safety utmost on our minds. We have also made the decision to postpone our Book Week dress up until next year seeing as we can't have family and friends on site to see the children. We have everything crossed that we will be in a safer environment next year to have the best Book Fair ever with everyone joining us for a great day.



The Book Fair itself will still run during week 6 (22-25 August), however, will be primarily conducted online. Students will visit the library early in the week and make their wish lists for books they might like to order and then take that home to parents for their consideration. Ordering the books will preferably be done online or else money can be sent into the school for ordering books if online ordering is not possible. We will also be placing photos of the bookcases at the Book Fair on the Skoolbag app so that families can view the books. Students will also participate in some in-class activities to recognise Book Week throughout the week.

We apologise for having to make this difficult decision and look forward to an amazing Book Fair in 2023.

### Kim Macdonald, Teacher Librarian



## Class & Expectation Awards Term 3 Week 2



Kindergarten: Charlotte Knudsen, Hunter Andrews, Braxton Bruce, Michael Harris



1B: Lucy Saunders, Harrison Leitch, Dallas Hennessey



1K: Elijah Brooks ,Jayan Varsani, Shelby Rumbel, Bently Genoli



2A: Cassandra Ellis, Archie Baker, Zeus Genoli, Mikayla Swan, Angus Hall



25: Kalahni McEvoy, Zephaniah Van-Aalst, Aiden Harris



3/4H: Dane Laurie, River Cowley, Misty Watt, Layla Henrickson



3/45: Miah Byrne, Evie Codreanu, Spencer Haschek



5/6G: Corey Everett, Ellie Cameron, Toby Warwick, Bradley Higgins



5/6M: Hamish Haschek, Justin Boorer, Sissy Power, Zali Jennings



3/4L: Nullah Clarke, Maggie Compton, Jade Everett, Leeland Rawbone



3/4W: James Henderson, Lachlan Honeyman, Connor Warren, Peter Clinch



5/6K: Olive Kelly, Jake Blyton, Miller Ribbons, Ethan Smith



5/6S: Beau Laurie, Samantha Fraser, Lily Sansom, Indi Dodds

TECHNOLOGY AND PARENTING

# parenting **\***ideas

## What rules should you have around digital devices? (Primary School)

by Michael Grose

Children's digital technology needs to be managed and monitored by parents. That means we need to have some rules and guidelines in place.

I'm often asked about rules and guidelines for children in the early and primary school years about digital devices such as tablets and mobile phones. This is new ground for most people whose own parents didn't have to worry about digital technology. How to persuade kids to leave the television and play outside was the extent of the screen worries of the previous generations of parents.

Digital technology, with all its advantages is here to stay. It connects us to each other in ways we couldn't imagine even a decade ago. It enables us to communicate to our kids when we don't know where they are. It creates new interests and cultivates creativity.

You'd have to be living under a rock to not realise that digital technology also presents new challenges such as cyber-bullying, worries about social media and children's exposure to inappropriate images. Digital devices give kids access to a virtual world that is totally seductive particularly for those with poor impulse control. Also the nature of technology means that children can spend a lot of their time heads bent and staring into a screen, which is not healthy in the long-term.

Children's digital technology needs to be managed and monitored by parents. That means we need to have some rules and guidelines in place. Each family makes up their own rules to suit their circumstances but the following suggestions will help you put some order into the digital devices that come into your home.



#### 1. Hold off as long as you can

The age when a child first gets a mobile phone is getting younger. Now most young people seem to have a mobile phone when they start secondary school. I'm currently working with parents who are struggling to hold off on their child's mobile phone until secondary school but it's a continuous battle as cries of 'everyone else has a phone' is ringing in their ears. If you took all these message from kids seriously you'd think that they were all born holding a mobile device and they've had an Instagram account since they were two.

Kids pester power works in a way that you tend to feel guilty that you are somehow denying your child a basic right or access to something vital to survival such fresh air. Best to develop an easily repeatable mantra such as

## parenting **\***ideas

"That's great. But every family is different and we do things our way." They may whine when you say it but stick to your own way of parenting, which is not always easy. Alternatively, take the compromise route of allowing a child to borrow your phone, or having a family phone that all kids can use.

### 2. Be prepared to learn

Giving a digital device to a child has more parent strings attached to it than say, giving a box of Lego or most other items of play. With most toys you can leave them to their own devices to play by themselves, which is the basic point really. It's not so simple with a digital device. Be prepared to learn some new games and stay up-to-date with social media trends. Snapchat anyone?

### 3. Put rules in place first

This is an interesting one. If you give your child a device, then later place restrictions on when its overused or used poorly then there's every chance that you'll be seen as the bad guy/gal. Better to put restrictions on in the first place and loosen them later, or better still reward their responsible use with greater freedom. Timing is everything.

### 4. Change rules if need be

Most families seem to have a child who thinks that rules are made to be broken so they always push boundaries, limits and parent patience. Parents, on the other hand, should work from the notion that rules are made to be changed. Be prepared to change your rules based on your child's behaviour, maturity, sleep patterns, incompletion of homework, bullying or other issues that will invariably crop up and cause you to realise that the rules you set just aren't working.

### 5. Keep digital technology out of bedrooms

If there was one rule that you should stay firm on, then this is the one. Many of our children are in sleep deficit as it is, without bringing digital devices into the frame. They may say they want to charge it in their room. If so, keep the charger in a public place. They may even want to use their mobile or tablet to wake up in the morning. I applaud them for taking on this task but insist they use an alarm clock instead.

### 6. Have a digital detox one day a week

The only way that this idea will work is if you join them in making one day a week a digital technology free day. They will probably not like it, and neither will you, but the point of having one day off is to prove that they can live without their digital device and to engage them in different forms of communication and entertainment.



### Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's the author of 10 books for parents including Thriving! and the best-selling Why First Borns Rule the World and Last Borns Want to Change It, and his latest release Spoonfed Generation: How to raise independent children.



## Your guide to driving and parking safely near schools

The beginning and end of the school day are busy times for pedestrians and vehicles outside the school. That's why you need to take extra care in 40km/h school zones.

- Park safely and legally, even if it means walking further to the school gate. Parking signs are planned with children's safety in mind.
- Slow down to 40km/h in the school zone and stay aware of crossings.
- Always park and turn legally around the school.
- Never double park as it puts children at risk.
- Manoeuvres such as U-turns and three-point turns are dangerous.
- Never park in a bus zone or in the school bus bay.
- Make sure your children use the Safety Door (rear footpath side door) to get in and out of the car.
- At a supervised crossing, observe the directions of the school crossing supervisor.
- Model safe and considerate behaviour for your child they will learn from you.

Remember to always give way to pedestrians particularly when entering and leaving driveways. Don't park across the school driveway or the entrance to the school car park. It's always a good idea to use the drop off and pick up area suggested by your school. This will help keep all children as safe as possible during the busiest times of the school day.

For more information on keeping our kids safe around schools visit the parents section on safetytown.com.au



Lives lost on NSW roads. Our goal is zero.

