



Gloucester Public School Newsletter

Opportunity - Innovation - Excellence

Find us at: 45 Hume Street, Gloucester 2422
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www.gloucester-p.schools.nsw.edu.au



Term 4 Week 7

This week's expectation: **Work and Play Safely**

Tuesday 22 November 2022

Dates to Remember

30 November - Year 6
High School Transition
11/11, 18/11, 25/11
K 2023 SmoothStart

6/12 - Presentation Day
13/12 - Year 6 Farewell
15/12 - Reports Go Home
16/12 - Last day of school
for 2022 for students
19 & 20/12 - Staff Development
Days

27 & 30/1/23 - Staff
Development Days
31/1/23 First day for students
Years 1-6
2/2/23 - First day for Kinder

Primary Swimming Carnival -
Friday, 10 February, 2023

Canteen Days: Monday
Wednesday
Friday

Uniform Shop is open every
Friday morning 8.30am -
9.30am. (EFTPOS
now available)

Please check our SkoolBag
App for updates daily.
This is the easiest way to
stay up-to-date with school
events, last minute notices,
newsletters and all school
communications.

1. Download the app
2. Create an account
3. Add our school



Year 5 Nominated Leaders for 2023

We would like to wish our eight nominated leaders for 2023 all the best for their election speeches next week.

Four of these students will be captains and four will be our SRC executive. Voting will take place next week and captains, vice-captains and SRC executive roles will be announced at our Presentation Day assembly on Tuesday, 6 December.



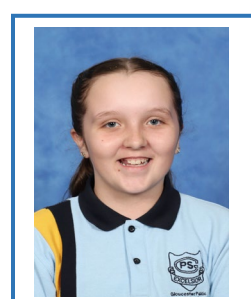
Isabella Fisher



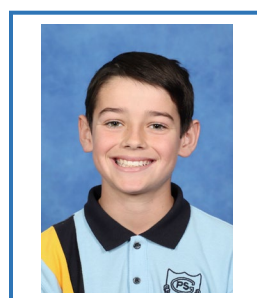
Samantha Fraser



Darcy Hall



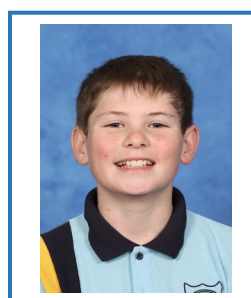
Sienna Sanderson



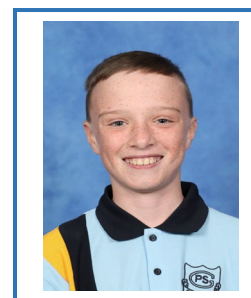
Justin Boorer



Patrick Doolan



Corey Everett



Eli Stuckings

GPS Staffing in 2023

Recently, new staff members have been appointed to Gloucester Public School. The merit selection staffing procedures assist a selection panel to recommend an applicant to staffing for recruitment.

I am thrilled to announce that:

- Janet Garner has been appointed to the School Administration Officer position effective 27 January 2023; and
- Hayden White has been appointed as a permanent classroom teacher effective 27 January 2023.

NSW Department of Education recruitment has also advised me that Ms Hayley Winsor has been appointed to Gloucester Public School permanently, effective 27 January 2023.

Leave – Mrs Amanda Stacey will be taking leave in 2023 to spend time with family.

Public Speaking Competition

Last Thursday saw the return of the GPS Public Speaking Competition. After two years of COVID interruptions, we were able to have speeches in the hall and our special guest adjudicator return. This was quite nerve-wracking for our finalists who haven't had much opportunity to speak in front of such a crowd before.

Students were required to give a prepared speech and an impromptu speech (where they only had 5 minutes to prepare). Our adjudicator, Ms Renee Berger, drama teacher from Gloucester High School, was impressed by the calibre of our speakers and their enthusiasm for participating in the event. The results were close, often with only 1 point between first and second place.

Congratulations to all students who participated and thank you to our students listening who were a very supportive crowd. Our winners were:

Year 3: Jaida Sanderson & Leonardo De Angelis (Tied)

Year 4: Maggie Compton

Year 5: Sienna Sanderson

Year 6: Janella Brooks

Felicity Cox

Public Speaking Co-ordinator





Book Club

Brochures went home last week for our last Book Club for this year. This is a chance for you to boost your child's home reading library as well as helping our library purchase



books through reward points that we earn. The easiest way to order is online in Book Club Loop (all the information is in the brochure or see the ad in the newsletter) but orders must be received by **Friday 25th November** as that is the day that the order will be placed. No late orders will be accepted.

Given the time of year we are fast approaching, if you would like some or all of your purchases to be a surprise, please select the 'gift' option in LOOP or let me know and we will hold the books at school for collection by you rather than handing them out to your child.

Kim Macdonald, Teacher Librarian

SCHOLASTIC Book Club

Three **Easy** Ways To Pay

- 1 CREDIT CARD** Your School is in the **LOOP!** When you order and pay by **LOOP**, do not fill in the order form or return anything to school. Your order will be electronically linked to the rest of your school's order. Visit [scholastic.com.au/LOOP](https://www.scholastic.com.au/LOOP) OR download the app:  
- 2 CASH** If your school accepts cash payments, please enclose cash with completed order form and return to school.
- 3 CHEQUE OR CREDIT VOUCHER** If paying by cheque, please make cheques **payable to Scholastic Australia**. Attach cheque or voucher to completed order form and return to school.



Year 6 - Save the Dates

Some important dates for the calendar....

30 November	Full day Orientation at Gloucester HS (includes final PtoH session)
5 December	Year 6 Auction
6 December	Annual Presentation Day – online event
13 December	Year 6 Farewell
16 December	Year 6's last day and the 'Walk of Honour' – a must!

Stay tuned - **Rod Maggs, Assistant Principal – Stage 3**

Stage 3 Homework

With quite a number of our Stage 3 students off to Sydney this week for Schools Spectacular and others in preparation here at school for end of year preparations, there will be no homework this week. We will now have a break from Stage 3 homework until we return in 2023.

Well done to all students who consistently submitted their homework this year and also to the parents who supported and encouraged them to complete it.

Mrs McLeod, Mr Kemp, Mrs Green and Mr Maggs

Stage 3 Teaching Team

FINAL CALL! - Year 6 invitation to audition for GHS musical in 2023

A final reminder to all Year 6 students who are attending GHS next year who wish to audition for certain roles in the musical, "School of Rock", you should have contacted Ms Berger at the high school by now to advise her of your interest.

Rod Maggs, Assistant Principal – Stage 3

Class & Expectation Awards Term 4 Week 6



Kindergarten: Nate Tukuafu, Nixon Clark, Clayton Ellis, Isabella Leczkowski, Kade Galvin, Braxton Bruce, Sienna Ross, Hunter Andrews



1B: Zeke Predebon, Max Honeyman, William Andrews, Matthew Plater



1K: Jayan Varsani, Hazel Sweeny, Amber Ranieri, Tomas Dellsperger



2A: Fern Wilson, Cassandra Ellis, Patrick Lenehan



2S: Matilda Wooster, Dakota Clark, Brock Gruisinga, Alistair Clinch



3/4H: Zafirah Oliver, Elliott Primmer,
Olley Murray, Misty Watt



3/4L: Harry Wamsley, Scarlett Taylor,
Jade Everett, Hunter Williams



3/4S: Evie Codreanu, Daisy Jennings,
Eli Holden



3/4W: Tayla-Grace Ruysch, Eli Soupidis,
Cooper Harris, James Henderson



5/6G: Amelia Wooster, Darcy Hall,
Toby Warwick, Harrison Hodgess



5/6K: Ryder Guttridge, Jake Blyton,
Sienna Sanderson, Kyharlee Holden



5/6M: Pharaoh Genoli, Justin Boorer,
Destiny Osland, Hamish Haschek



5/6S: Lily Sansom, Sarah Renwick,
Shirley Guiren, Madison Gooch

The art of good conversation with young people



Conversations can be challenging with every age group, young and old, and for so many different reasons. With children and teens, just getting the conversation going can be the biggest challenge. How many times have you said, “How was your day?” only to be told “Good” or asked them what they did today only to be told “Not much”? So where to start?

8 tips for turning chit-chat in to richer conversation

1. Don't wait for young people to ask questions or reach out. Raise discussions yourself.
2. Be open about your own experiences. In doing so, children are more likely to be open and honest.
3. Choose your timing – preferably when you are naturally together anyway in a relaxed setting, rather than setting up a stressful, anxiety provoking meeting. Side by side chats work well (e.g. while driving, walking, doing an activity together like a chore or jigsaw).
4. Be calm, prepared and genuinely ready to give your time and attention.
5. Listen in a non-judgmental and curious way. Ask, don't assume! Remember that this is a chance for the speaker to talk through their feelings, not for you to fix their problems.
6. Acknowledge and validate their feelings. Don't minimize their concerns or fears. Whilst they may seem trivial to you, they are real for your child and part of their current experience. Try to understand the importance of what is going on, and the impact for them. Reassure them that whatever they are feeling is okay.
7. Leading relationship research tells us that ‘understanding must precede advice’. Premature problem solving tends to shut people down. Solution finding should only begin once you feel you understand what your teen is going through, and your teen feels understood.
8. Remember that you do not need to have all of the answers. Ask young people questions like ‘what do you need?’, ‘what do you think would help?’, ‘how can I support you better?’, ‘what would make this easier for you?’. Then together you can come up with an action plan.

How to be a good listener

Great conversation requires great listening. Listening well reduces misunderstanding, eliminates conflict and allows us to understand the other person's perspective.

Listening is the key to empathy.

- Feeling heard is very validating for young people and it helps to increase their self-esteem, confidence and independence. It also improves relationships and communication skills. So how can we do it well with young people of all ages?
- Be present, make eye contact and remove distractions – don't be half in half out.
- Listen with the opportunity to learn, not respond.
- Play the same role for your child as a trampoline does – to bounce ideas off, amplify, energise and clarify, provide support.

parenting *ideas

- Be comfortable in silence – you don't need to respond immediately; holding space and silence for someone; share insights.
- Have a beige face – neutral, not reacting, remain calm and listen.
- Remain curious throughout.

Becoming an active listener to further improve conversation

Active listening has 3 steps.

Hearing

What did you think you were told?

Understanding

What does this mean to you?

Assessing

Does the statement make sense to you?

Active listening includes:

- Non-verbal responses – eye contact, nodding, posture
- Encouragers – mmm, yes, right, okay, uh-huh
- Reflection of content and feelings – stating back events or emotions
- Matching young people's language/terms – when appropriate
- Summarising – brief replay of what was said
- Noticing what is missing – gaps, conflicting information, hidden meanings

Finally, here are some effective responses to keep the conversation going while listening actively

- Could you tell me more about that?
- What happened next?
- That must have hurt/felt
- How have you handled things like this before?
- I can see this is really troubling you.
- You feel (emotion) because of (situation)?
- Could you repeat that? I want to really understand.
- I like how you said
- What options might we have in this situation?

Good conversation with young people comes down to time – creating the time and space and then using that time wisely, perhaps by using the tips above. The art of good conversation teaches us all to build great communication skills, skills that improve our quality of life enabling us to express ourselves clearly and confidently through every aspect of our life.



Lucy Snowball

Lucy Snowball is the Data and Youth Insights Director at Raise Foundation. Raise offers early intervention, evidence-based mentoring for young people in high schools with trained and trusted independent adults. Find out more about Raise at www.raise.org.au.

Gardening Club

Our new garden beds are finally starting to grow with the warmer weather we are experiencing. The students have been diligently watering with Seasol, checking our worm pod and learning how some of our new vegetables produce fruit. Our zucchini plant even has its first zucchini and some will be available next week. Currently we have a few things available for purchase. Please enclose cash and a small bag for your goods to Mrs Cox.

Rainbow Chard – bunch \$2

Bunch herbs \$2 – Thyme, Curly parsley, Chives, Stevia, Sage

Felicity Cox and Amanda Stacey

Gardening Club teachers



P&C RAFFLE

Raffle tickets went home with your newsletter last week.

We would like to thank the following businesses in town that donated to the raffle: Land & Sea Café, Beauty Let's Make Up, Killer Grafix, Avon Valley Meats, Tracy's Salon, Melbah's, Gift it with Love, Elk & Willow, Gloucester Thai Massage, McRaes Fashion, Forest of Play and Oyster Bay Wines.

Raffle will be drawn on Presentation Day – 6 December.

All tickets (sold and unsold) must be returned to the school office by 9am on Tuesday 6 December.

Thank you for your support!

Extra tickets are available from the school office

Gloucester Junior Rugby League

Expression of Interest for Players & Coaches 2023

Gloucester Junior Rugby League is currently seeking expression of interest for players for its 2023 season. Please fill in the expression of interest form via the link ([Expression of Interest form link](#)) or email gloucesterjrl@gmail.com with your Childs age as at the 1/12/2023 and if your child played the 2022 season.

Expression of interest is also being sort for Coaches positions for the 2023 season. For more information on applying please email gloucesterjrl@gmail.com or visit the Gloucester Junior Rugby League

