



Gloucester Public School Newsletter

Opportunity - Innovation - Excellence

Find us at: 45 Hume Street, Gloucester 2422
Tel: 65581303 Fax: 65581655
www.gloucester-p.schools.nsw.edu.au



Term 4 Week 8

Tuesday 28th November 2017

Dates to Remember

20/11 - 1/12 Int. Swimming
4/12 Year 6 Auction
4/12 Smooth Start K 2018
5/12 Presentation Night 6pm
7/12 Citizenship Movie Day
11/12 Smooth Start K 2018
12/12 Year 6 Farewell
14/12 Semester 2 Reports go Home
14/12 Class Party Day - further Details to follow
15/12 End of 2017 for Students
19/12 End of 2017 for staff

Assemblies

**PLEASE NOTE THE
CHANGE IN ASSEMBLY
TIMES**

Week 8 - Citizenship
Assemblies

3-6 - 11.30am
K/1/2 - 2.00pm

Week 9 - Yr 6 Final
Assembly

Week 10 - No Assembly

Canteen Roster

29/11 Brad Sparke
Ruth Edwards
1/12 Ange Parish
Margo Cameron
4/12 Robyn Beggs
6/12 Leanne Kearney
Sue Brown
8/12 Louise Thurgood
Mel Seale

CITIZENSHIP AWARD ASSEMBLIES

Friday 1st December 2017

3-6 - 11.30am
K/1/2 - 2.00pm

Everyone welcome - Please note change of times



P&C Life Membership for Sharon Osborne

At yesterday's school assembly, Sally Maslen (P&C President) presented Mrs Sharon Osborne with her Life Membership Certificate and badge for her exceptional, loyal and outstanding service to our school.

Mrs Osborne retired 4 years ago after being our canteen manager for 13 years.

Mrs Osborne accepted this award and thanked the P&C for nominating her.

Sharon is pictured with P&C executive members,
Sally Maslen, Robyn Beggs and Ruth Edwards

Message from the Principal -



P&C Christmas Raffle

Don't forget our Christmas hampers to be raffled on Presentation Night.

The P&C has sent home a small book of raffle tickets for \$1.00 each to every family to sell. Tickets will also be sold at Presentation Night on Tuesday 5th December at the RSL at 6.00pm. Please send non-perishable items to the office. A collection box is located in the admin area.

Thank you for your support and for helping raise funds for the students of Gloucester Public School.



Schools Spectacular

What a fantastic event. Congratulations to all our students. The event was magnificent. I was so very proud of each and every one of you. Thank you Mrs McLeod, Mrs Carruthers and all our families who attended. You all represented Gloucester Public School with excellence and pride. Well done.

'Salute to Australia' - Australia Day in Sydney

Our GPS choir will be participating in the 'Salute to Australia'. This is the second time our school will participate and this year we are singing on board the ship 'The Young Endeavour'.

Permission notes, media consent notes and sheet music was sent home with students last week. We now have 25-27 students attending. Students should now have brought a USB to school for the 4 songs/tracks to be loaded for students to rehearse. Students should start practicing.

Tomorrow we may have some media visiting our school to report on our 'Salute to Australia' team. If we are going to be on the news, we will send an alert on the school app.

For your diary - The mandatory rehearsal for the 'Salute to Australia' is 25th January 2018 at the Sydney Congress Hall (Salvation Army) 140 Elizabeth Street Sydney from 1.30pm to 4.00pm. You will meet Mrs McLeod at the venue. Parents and carers are asked to deliver their child/ren at 1.30pm and collect their child/ren at 4.00pm. Thank you

Gloucester Preschool End of Year Concert

We welcome Gloucester Preschool students, parents, carers and staff to our school this Thursday 30th November from 5.30 - 7.00pm. The preschool will be using the infants' playground and the school hall. We hope you have a lovely evening.

HELP NEEDED

The Year 6 Farewell organising committee needs your help. If anyone has battery operated white Christmas/fairy lights we can borrow for the farewell, could you please send them to school to Mrs Amy Schafer asap. Thank you. The lights will be returned to you after the farewell evening.

Yours in Education
Leanne Wakefield

FOR SALE
From our school garden

Spinach - \$1.00/bunch



Kindy Corner

We are focusing on

Weekly Sight Words: after, there, where

Number Focus: Reading, writing, counting and ordering numbers 0-1000

Maths Focus: division, fractions, data

Secret Santa: Today students will bring home a permission note to participate in Secret Santa gift giving. We would like permission notes returned by Thursday. On Friday, participating students will receive a little tag with the name of the student they are giving a gift to. Everyone is very excited about this special end of year activity.

Reading Groups: Thank you so much to all our amazing parent, grandparent and community volunteers. We have truly appreciated the time you have given to our classrooms throughout the year. **Friday, week 9 (next week)**, will be our final reading group session.

Assembly: Kindergarten are performing a short Christmas themed item at this week's assembly. Students will wear their regular school uniform on the day, however, if they have a Santa/Christmas hat at home they can bring it in (labelled) from Wednesday and we can add it to our rehearsal sessions.

Loryn Bratfield, Alicia Taylor and Susie McLeod - Kindergarten Teachers.



Elizabeth Copeland

Tyler Jeffreys

Kyle Atkins

Drew Gorton

Emma Carsley

Alana Benson

Aiden Glew

Chloe Doolan

Kaylie Maslen

Toby Kellehear

Class Awards - (Week 7)

- 3C** Kailee Hogan
Brennan Auckett
Blake Walker
Asher Baker (E)
- 3L** Charlotte Marchant
Montanna Hollis
Connor Garnham
Lachlan Sansom (E)
- 4D** Amelia Parish
Jessica Howard
Shannon Atkins
Ava Sanderson (E)
- 4G** Thomas Maggs
Jake Coombes
Abbigale Ellis
Ruby Bradbury (E)
- 5/6A** Clayton Selby
Jackson Blanch
Anna Lenehan
Ellayn Smith (E)
- 5/6C** Benn Eyb
Quinlan Collins
Thomas Hooke
Kourtney Maslen (E)
- 5/6G** Violet Broadhead
Ryder Stuckings
Sam Whittaker
Tiera-Jade Watt (E)
- 5/6M** Matthew Hester
Verity Badham
Stevie-Lee Smith
Zac Schafer (E)

Year 6 Farewell Meeting/Workshop

The next committee meeting for Year 5 parents/carers helping to organise the Year 6 Farewell is today Tuesday 28th November at 3.10pm in the 5/6C classroom.

All parents/carers of Year 5 students are welcome to attend. We will spend some time supporting the decorating team and putting together any last minute plans.

Year 5 Teachers

Upcoming Choir Performances

Our School Choir has a very busy performance schedule for Term 4. There are a few out of school performances and we would really appreciate your support in bringing you child/ren to each of these events.

Date	Concert	Venue
Monday 4 December (School Time)	Baptist Church Seniors Christmas Lunch	Baptist Church Hall
Tuesday 5 December 6:00pm	GPS Presentation Evening	Gloucester RSL
Friday 8 December (During School Time)	Narraweema Christmas Party	Narraweema
Sunday 10 December 7:00pm approx	Carols in the Park	Gloucester REC Centre and Sporting Grounds
Wednesday 13 December (During School Time)	Kimbarra Visit	Kimbarra Lodge



Own the Moment was the theme for Schools Spectacular 2017 and it sure lived up to the name! Approximately 5600 students were involved in this year's show, including 2700 Primary and Secondary choir members. Our GPS team was lucky enough to be a part of the Primary Arena choir.

Last week, they travelled down to Sydney with their families for 2 big days of rehearsals on Wednesday and Thursday and then performed in 4 shows across Friday and Saturday. They sang, they moved and they had a BLAST! Congratulations to our GPS Schools Spectacular choir. You were a credit to yourselves and our school. The experience you had will last a lifetime and it will be something you cherish forever! Thank you for all of the hard work you put into rehearsing and the energy you brought to the show!

A very big thank you also needs to go out to all of the families who took their children down to the show. Without your help and support, it wouldn't be possible so thank you, thank you, THANK YOU!

Schools Spec will be broadcast on Channel 7 on Saturday 16 December at 7:00pm. Make sure you check it out because the show was **AMAZING!**

Susie McLeod and Mirabai Carruthers





STAGE 3

What's Coming Up?

This week!

Tues 28 Nov Yr 6 Farewell Committee meeting/working bee 3.10pm
Thurs 30 Nov GHS Orientation Day (full day)
Fri 1 Dec 11.30pm Yr 3-6 Awards Assembly

Week 9...

Mon 4 Dec Year 6 Auction
Tues 5 Dec Presentation Evening - all students encouraged to attend
Thurs 7 Dec Gloucester Citizen awardees special event
Fri 8 Dec 2.00pm Year 6 Final Assembly - parents and community friends welcome!

Week 10...

Tues 12 Dec Year 6 Farewell
Wed 13 Dec Year 6 go to classes to fulfil their auction duties
Thurs 14 Dec Class/Stage Party
Fri 15 Dec Final day - Year 6 Walk of Honour 2.40pm - parents welcome! Bring the hankies!



As you can see, we have a fairly hectic schedule in the lead up to the end of the year. We also have a lot of preparation to do to prepare for many of these events. It certainly is an exciting time of the year!

GHS Orientation Day - Thursday 30th November

Next week, Thursday 30th November is the full day Gloucester High School Orientation Day. Students will make their own way to and from Gloucester High School either by normal bus

transport or other arrangements organised by their parents.

Please do not send your child to GPS on this day as no transport from GPS to the high school is available.

Please ensure your child attends this important orientation day as it allows them to form vital relationships with their peer leaders and key GHS staff members. It is a great opportunity for parents to find out more information about the school and key staff. Parents are welcomed for the morning session to hear more about Gloucester High School, with the opportunity to meet staff and ask questions.

Students should wear full GPS uniform, enclosed leather topped shoes and school hat, bring recess/lunch or money for the canteen, and bring a water bottle. Something to write on and a pen would also be useful.

Should you require further information, please contact me at school on 6558 1303 or the GHS Office on 6558 1605. Students not attending GHS in 2017 should attend Gloucester Public School as normal.

Year 6 Auction - Monday Week 9 - Buy a Year 6 Student!

Yes, it's that time again!

Ever wanted to buy your very own Year 6 student? Imagine owning one! You could finally boss them around as you liked..... get them to carry your things around..... clean out your tote tray or classroom..... maybe even get them to do your school work!

Well, this opportunity doesn't come around very often. It's time to get together with your classmates, teachers, best friends and buddies, to try to snatch one of these Year 6 students at the upcoming Year 6 Auction on Monday 4th December (Week 9).

Bring a couple of dollars, combine it with your friends or class and see if you can bid successfully for the right to 'own' a Year 6 student for a few hours and show *them* who's really the boss! Year 6 students will come to your classroom on Wednesday 13th December for a few hours to do as you command.

All money raised goes to the Year 6 gift to the school. Be part of the fun!

Mr Maggs and the Year 6 Fundraising Committee

Canteen News



Due to work commitments for a few of our regular helpers we are looking for more volunteers for next year. If you can spare a few hours each term and would like to help, please call in and see me at the canteen or call on 0447 727 388.

We have an awesome bunch of mums, dads and grandparents who lend a hand and a few more people would be much appreciated.

The lease for our slushie machine expires in December so we won't be getting any more syrup until a decision is made on its future use. There is still a fantastic range of ice creams, yoghurt and other treats to choose from.

Lisa Norrie, Canteen Supervisor



Year 6 Parents - please note!

Enrolment forms for Year 7 at Gloucester High School need to be returned to them at your earliest convenience.

As of today's date they are still missing 13 enrolment forms.

The High School has also requested that a Birth Certificate and proof of address is included with the enrolment form for your child.

Admin Staff - Gloucester High School

parenting*ideas insights

What it means to be an emotionally intelligent parent

by Michael Grose



Ten year-old Elle liked to be active, but one weekend things got out of control. A jazz ballet concert, a game of netball, and a family visit to her cousin's house meant no time to herself. And she let her parents know it with constant moaning, as well as a tantrum or two.

Her father held his tongue for most of the weekend, but couldn't help but give her some fatherly advice on Sunday night. "You've spent the whole weekend moaning about how busy you are. Maybe you need to drop one of your activities, if they are stressing you out so much!"

A tantrum followed...from Elle.

Elle's mum took a different tack. She had a hunch that something was bothering her daughter. "You sound like something is bothering you big-time. What's up?"

"I've got to give a talk at school on Monday in front of the whole school and I haven't time to prepare. It'll be awful and everyone will laugh."

Her mum replied, "You sound like you might be pretty nervous. That makes sense. Giving a talk in front others can be nerve-wracking."

Elle dropped her shoulders, smiled and said, "You bet!" She was relieved because her mum understood how she felt. In fact, her mum had unlocked the problem for her and reflected back how she felt.

Elle's dad focused on her behaviour and responded in kind (with well-meaning advice about her future behaviour), while her mother focused on the feelings that acted as a possible driver to her daughter's behaviour. She took an emotionally smart approach, which turned out to be the right one in this circumstance.

Emotionally intelligent parents don't dismiss children's behaviour and allow kids to do as they please. There are times that we need to focus on a child's behaviour. A child who is rude in public should be reminded in no uncertain terms that poor manners are inappropriate. However, there are times when smart parents need to look beyond the obvious behaviours to get a good understanding of what's happening to their child, and to help a child better understand and manage their emotions.

So what does an emotionally intelligent parent look like? And importantly what is the impact on kids, parents and families of this approach?

Emotionally intelligent parents have the following five attributes in common. They will usually:

1. Listen more and judge less

There is nothing better than being understood. Parents who operate from an emotionally-smart mindset are more likely to listen to their kids when emotions are high, trying to access what may be going on, rather than clamping down their behaviour or closing them down with well-meaning advice.

Impact: Better, more open relationships.

2. Accept strong emotions

Anyone who lives with teenagers will know that emotions can run very high. They can say the worst possible things to each other and, at times, to you. Ten minutes after delivering a hateful tirade they can be cuddling up to the person who was the butt of their anger, frustration or anxiety. Emotionally intelligent parents know that feelings need to be expressed rather than bottled up, and allowed to fester. They also believe there is nothing so bad that a child can't give voice to in a family, however there are behaviours that are not unacceptable.

Impact: A healthy expression of emotions.

3. Focus on the present

Most parents are rightfully future-focused. We focus on the homework that needs to be handed in tomorrow; the washing that needs to be done; the meal that needs to be cooked. That's part of everyday life. Children generally focus on the here and now. That of course can be frustrating to a task-oriented future-focused mother or father. However when we lower our gaze we are more likely to pick up how kids are feeling, and importantly help them understand and manage their moods and emotions.

Impact: Happier families and less stress felt at home.

4. Use rules rather than their moods to determine discipline

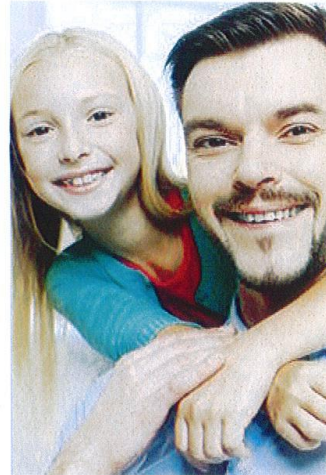
Some parents discipline according to their moods. If they feel good then they give children plenty of lenience. If they are feel bad then they pick their kids up on every little thing. It's better to stick to the family and house rules; that makes you more predictable, which kids really crave.

Impact: More consistent parenting

5. Develop a language around feelings

A family develops a vocabulary around the things that are important to them. Kids in a sport mad family will inevitably have a rich vocabulary around their chosen sport. The same holds for emotional intelligence. Families that truly value building emotional smarts will develop in kids a rich palette of words that will help them describe how they feel. This vocabulary will inevitably stay with them for life.

Impact: Better relationships later in life at work and in their own families.



Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's the author of 10 books for parents including Thriving! and the best-selling Why First Borns Rule the World and Last Borns Want to Change It, and his latest release Spoonfed Generation: How to raise independent children.